



**CROSS COUNTRY BC**  
*Cross Country Canada – B.C. Division*

**Minutes and Reports**

**of the**

**Annual General Meeting**

**held**

**May 07, 2011**

**at**

**108 Mile House, BC**



**CROSS COUNTRY BC**  
**MINUTES AND REPORTS OF THE**  
**CROSS COUNTRY BC ANNUAL GENERAL MEETING**  
**108 MILE HOUSE, BC – May 7, 2011**

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**Cross Country BC**

# **ANNUAL GENERAL MEETING**

**Notice is hereby given of the**

**Annual General Meeting**

**of Cross Country BC**

**to be held at**

**108 Resort Golf & Outdoor Adventures  
108 Mile, British Columbia**

**Saturday, May 7, 2011**

**The meeting will commence at 4:00 PM**



## **Cross Country BC**

**ANNUAL GENERAL MEETING  
108 MILE, BC May 7, 2011**

### **AGENDA**

- 1. CHAIRPERSONS OPENING REMARKS**
- 2. INTRODUCTION OF CLUB DELEGATES**
- 3. ADOPTION OF AGENDA**
- 4. ACCEPTANCE OF THE 2010 AGM MINUTES**  
100 Mile House, May 1<sup>st</sup>, 2010
- 5. BUSINESS ARISING FROM THE MINUTES**
- 6. CROSS COUNTRY BC CHAIRPERSON REPORT**
- 7. FINANCIAL REPORT**

7.1	Financial Statement	2010-11
7.2	Budget	2011-12
7.3	Cross Country BC Auditor for:	2011-12
- 8. OTHER BUSINESS**

8.1	Athlete of the Year Awards
8.2	Date of 2012 CCBC AGM
- 9. ELECTION OF OFFICERS**

9.1	Chairperson
9.2	Vice-Chairperson
9.3	Treasurer



## CROSS COUNTRY BC

### Minutes of the CROSS COUNTRY BC ANNUAL GENERAL MEETING 100 MILE HOUSE, BC. May 7, 2011

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The meeting was brought to order at 4:00 p.m. The following were present:

Glen Davidson	CCBC Treasurer/Williams Lake Cross Country Ski Club
Georgia Manhard	CCBC Coaching Development Chair/100 Mile Nordic Ski Society
Sharon Clarke	Sovereign Lake Nordic Club
Suki Cheyne	Whistler Nordic Ski Club
Dirk Rohde	Hollyburn Cross Country Ski Club
Dana Manhard	Overlander Ski Club
Roger Pratt	CCBC Kootenay Zone Chair/Nelson Nordic Ski Club
Nicola Maughn	100 Mile Nordic Ski Society
Mark Richards	Black Jack Cross Country Ski Club (via telephone)

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#### 1. CHAIRPERSONS OPENING REMARKS

Mark Richards welcomed everyone to the meeting.

#### 2. ADOPTION OF AGENDA

Motion: *"That the agenda be accepted as distributed"*.

Suki Cheyne / Nicola Maughn

Carried

#### 3. ACCEPTANCE OF MINUTES FROM THE 2010 AGM, 100 MILE HOUSE (May 01, 2010)

Motion: *"That the minutes of the 2010 AGM in 100 Mile House be accepted as presented"*.

Glen Davidson / Suki Cheyne

Carried

#### 4. BUSINESS ARISING FROM THE MINUTES

None

#### 5. FINANCIAL REPORT

5.1 The 2010-11 Financial Statement was presented to the meeting.

Motion: *"That the 2010-11 Financial Statement be accepted as presented"*.

Dirk Rohde / Glen Davidson Carried

5.2 The 2011-12 Budget was presented to the meeting.

Motion: *"That the 2011-12 Budget be accepted as presented"*.

Dana Manhard / Dirk Rohde Carried

5.3 Auditor:

Motion: *"That KPMG be retained as CCBC Auditor for 2011-12"*.

Roger Pratt / Sharon Clarke  
Carried

The 2009-10 Auditors Report, 2010-11 Financial Statements, and 2011-12 Budget are included with these AGM Minutes and Reports.

## 7. OTHER BUSINESS

7.1 2012 CCBC Club Development Workshop and Annual General Meeting

The date and location of the 2012 CDW and AGM will be determined by the Board of Directors at a later date after new initiatives brought forward at the meeting have been explored further.

7.2 Awards

Sharon Clarke was recognized for her outstanding contribution to cross country skiing as a race official. Sharon was Chief of Competition for the 2011 Sparkling Hills Masters World Cup in Vernon, and prior to that Sharon was on the jury at the Masters World Cup 2010 in Falun, Sweden.

Einar Field was awarded the Dave Rees award by Cross Country Canada at their AGM in June 2010. This award is given to any man who has made a long-term, outstanding commitment to the sport of cross-country skiing in Canada with an extended history of involvement at all levels (local, regional and national) and in any of the many ways in which volunteers or professionals give of themselves to our sport.

## 8. ELECTION OF OFFICERS

The elections were conducted by Georgia Manhard.

The following members were elected by acclamation to serve as officers of Cross Country BC for 2011-12.

Chairperson:	Mark Richards
Vice Chairperson:	Delores Franz Los
Treasurer:	Glen Davidson

## 9. ADJORNMENT

Adjourned: 4:35 p.m.

**2010-11**

# **YEAR END REPORT**



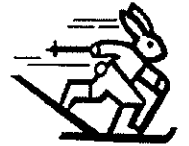
**Cross Country BC**

**Athlete Development  
Programs**





# THE YEAR AT A GLANCE



## SKILL DEVELOPMENT PROGRAM PARTICIPANT ENROLLMENT

Year	01-02	02-03	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11
Northern Zone	875	626	693	697	578	598	586	608	649	565
Coast Zone	378	495	553	560	520	505	536	573	627	599
Okanagan Zone	568	625	623	661	646	613	622	600	646	645
Kootenay Zone	241	258	238	238	250	253	235	228	217	292
<b>Total Participants</b>	<b>2062</b>	<b>2004</b>	<b>2107</b>	<b>2156</b>	<b>1994</b>	<b>1969</b>	<b>1979</b>	<b>2009</b>	<b>2139</b>	<b>2101</b>

## SKILL DEVELOPMENT PROGRAM CLUB ENROLLMENT

Year	01-02	02-03	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11
Northern Zone	15	12	14	16	13	14	11	11	11	11
Coast Zone	4	4	4	4	4	4	5	6	6	6
Okanagan Zone	8	9	8	8	8	8	8	8	8	8
Kootenay Zone	8	7	7	6	6	6	7	5	6	7
<b>Total Clubs</b>	<b>35</b>	<b>32</b>	<b>33</b>	<b>34</b>	<b>31</b>	<b>32</b>	<b>31</b>	<b>30</b>	<b>31</b>	<b>32</b>

## BREAKDOWN BY ZONE:

Northern Zone	01-02	02-03	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11
Bear Mountain Nordic Ski Club	23	5	0	12	NS	0	0	14	27	18
Bulkley Valley CC Ski Club	155	147	143	105	100	84	98	97	101	83
Caledonia Nordic Ski Club	165	140	122	134	132	179	161	197	217	192
Cariboo Ski Touring Club	49	NS	37	57	55	46	49	49	28	27
Stikine Nordic CC Ski Club	0	0	0	0	15	11	8	0	0	0
Dunster BC Rabbits	10	10	10	10	10	10	0	0	0	0
Fort Nelson CC Ski Club	41	39	0	0	0	0	0	0	0	0
Kwadacha Ski Club	0	0	0	52	0	0	0	0	0	0
Mackenzie Nordiques	30	22	46	50	69	37	41	29	30	42
Morice Mtn Nordic Ski Club	57	NS	28	21	4	21	22	31	36	28
Nechako Nordics	35	27	37	41	49	51	39	46	58	48
Omineca Ski Club	116	82	85	55	54	64	87	68	54	43
100 Mile Nordic Ski Society	39	37	32	23	29	27	23	15	23	29
Snow Valley Nordic Ski Club	61	62	40	29	20	15	27	33	40	36
Topley BC Rabbits	39	31	35	40	36	25	0	0	0	0
Whisky Jack Nordic Ski Club	0	0	20	23	0	0	0	0	0	0
Williams Lake CC Ski Club	30	NS	40	31	0	23	31	29	35	19
Wolverine Nordic Ski Ass'n	25	21	18	14	5	5	0	0	0	0
<b>Total Participants</b>	<b>875</b>	<b>623</b>	<b>693</b>	<b>697</b>	<b>578</b>	<b>598</b>	<b>586</b>	<b>608</b>	<b>649</b>	<b>565</b>
<b>Total Clubs</b>	<b>15</b>	<b>12</b>	<b>14</b>	<b>16</b>	<b>13</b>	<b>14</b>	<b>11</b>	<b>11</b>	<b>11</b>	<b>11</b>

<b>Coast Zone</b>	<b>01-02</b>	<b>02-03</b>	<b>03-04</b>	<b>04-05</b>	<b>05-06</b>	<b>06-07</b>	<b>07-08</b>	<b>08-09</b>	<b>09-10</b>	<b>10-11</b>
Hollyburn Jackrabbit Ski Club	172	229	246	292	284	280	240	217	238	237
Spud Valley Jackrabbits	67	61	70	49	45	33	43	59	82	88
Squamish Nordic Club	0	0	0	0	0	0	36	55	25	28
Strathcona Nordic Ski Club	91	131	161	159	150	150	157	143	125	117
Tetrahedron Outdoor Club	0	0	0	0	0	0	0	11	68	48
Whistler Nordic Ski Club	48	74	76	60	41	42	60	88	89	81
<b>Total Participants</b>	<b>378</b>	<b>495</b>	<b>553</b>	<b>560</b>	<b>520</b>	<b>505</b>	<b>536</b>	<b>573</b>	<b>627</b>	<b>599</b>
<b>Total Clubs</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>6</b>	<b>6</b>

<b>Okanagan Zone</b>	<b>01-02</b>	<b>02-03</b>	<b>03-04</b>	<b>04-05</b>	<b>05-06</b>	<b>06-07</b>	<b>07-08</b>	<b>08-09</b>	<b>09-10</b>	<b>10-11</b>
Barriere Outdoor Club	0	21	23	23	33	38	29	37	35	11
Larch Hills Ski Club	101	121	106	125	131	117	149	137	150	137
Nickel Plate CC Ski Club	43	52	74	53	50	50	71	57	53	71
Overlander Ski Club	71	65	60	86	102	106	93	68	83	75
Revelstoke Nordic Ski Club	33	42	35	51	43	51	54	61	82	92
Skmana Ski Club	9	0	0	0	0	0	0	0	0	0
Sovereign Lake Nordic Club	217	202	212	221	184	129	103	122	114	122
Telemark CC Ski Club	58	75	77	65	69	95	92	92	107	114
Wells Gray Outdoor Club	36	38	36	37	34	27	31	26	22	23
<b>Total Participants</b>	<b>568</b>	<b>616</b>	<b>623</b>	<b>661</b>	<b>646</b>	<b>613</b>	<b>622</b>	<b>600</b>	<b>646</b>	<b>645</b>
<b>Total Clubs</b>	<b>8</b>	<b>9</b>	<b>8</b>	<b>8</b>	<b>8</b>	<b>8</b>	<b>8</b>	<b>8</b>	<b>8</b>	<b>8</b>

<b>Kootenay Zone</b>	<b>01-02</b>	<b>02-03</b>	<b>03-04</b>	<b>04-05</b>	<b>05-06</b>	<b>06-07</b>	<b>07-08</b>	<b>08-09</b>	<b>09-10</b>	<b>10-11</b>
BlackJack CC Ski Club	32	31	29	42	48	40	35	76	42	65
Castlegar Nordic Ski Club	15	32	53	53	56	59	28	0	0	31
Columbia Valley Jackrabbits	23	19	10	0	0	0	0	0	0	0
Fernie Nordic Society	0	0	0	0	0	0	12	24	17	27
Golden Nordic Ski Club	44	38	34	38	38	46	49	39	37	42
Kimberley Nordic Ski Club	53	60	43	37	37	25	25	0	23	37
Nelson Nordic Ski Club	50	55	50	56	58	57	71	58	62	49
Toby Creek CC Ski Club	12	23	19	12	13	26	15	31	36	41
<b>Total Participants</b>	<b>229</b>	<b>258</b>	<b>238</b>	<b>238</b>	<b>250</b>	<b>253</b>	<b>235</b>	<b>228</b>	<b>217</b>	<b>292</b>
<b>Total Clubs</b>	<b>8</b>	<b>7</b>	<b>7</b>	<b>6</b>	<b>6</b>	<b>6</b>	<b>7</b>	<b>5</b>	<b>6</b>	<b>7</b>

# REGIONAL CAMP PROGRAM 2010-2011

## SPRING (DRYLAND) REGIONAL CAMP

DATE	REGION	HOST CLUB	CCBC COACH	PARTICIPANTS
May 7-10	Island	Strathcona Nordics	Dave Battison	34 Athletes

## Fall (Dryland) Regional Camps

DATE	REGION	HOST CLUB	CCBC COACH	PARTICIPANTS
Oct 15-16	Island	Strathcona Nordics	Dave Battison	18 Athletes
Oct 1-3	Okanagan	Revelstoke	Adam Elliot	68 Athletes
Sept 24-26	Coast	Hollyburn CC Ski Club	Maria Lundgren	29 Athletes
Sept 24-26	North West	Bulkley Valley CC Ski Club	Chris Werrell	28 Athletes

## WINTER (ON-SNOW) REGIONAL CAMPS

DATE	REGION	HOST CLUB	CCBC COACH	PARTICIPANTS
Dec 27-30	Island	Strathcona Nordics	Dave Battison	28 Athletes
Nov 26-28	Okanagan	Telemark	Adam Elliot	48 Athletes
Dec 3-5	Coast	Whistler Nordics	Maria Lundgren	16 Athletes
Dec 10-12	North West	Bulkley Valley CC Ski Club	Chris Werrell	56 Athletes
Dec 9-12	Western Canada	Nordic Racers	Tony Chin	8 Athletes & 2 Guides

**Total Regional Camp Participation**

**333**

## CCBC REGIONAL CAMP PROGRAM – A HISTORY

YEAR	SPRING DRYLAND	FALL DRYLAND	SNOW	TOTAL
1995-96	0	4	4	8
1996-97	2	7	2	11
1997-98	1	3	3	7
1998-99	3	2	4	9
1999-00	0	5	6	11
2000-01	0	5	4	9
2001-02	1	6	3	10
2002-03	0	7	8	15
2003-04	3	8	6	17
2004-05	0	6	4	10
2005-06	0	2	5	7
2006-07	0	5	3	8
2007-08	0	3	3	6
2008-09	1	6	4	11
2009-10	TBD	3	2	TBD
2010-11	1	4	5	10

**PROVINCIAL CAMP PROGRAM 2010-2011**

<b>CCBC PROVINCIAL CAMPS 2010-2011</b>	<b>DATE</b>	<b># OF PARTICIPANTS</b>
<b>Spring Snow Camp (Whistler, BC)</b>	<b>May 4 – 9</b>	
CVTC		4
BC Ski Team		8
BC Development Squad		6
BC Talent Squad		1
<b>Spring Camp (100 Mile House, BC)</b>	<b>May 21 - 24</b>	
BC Development Squad		23
BC Talent Squad		4
<b>Haig Glacier Camp (Canmore, AB)</b>	<b>June 27 – July 5</b>	
CVTC		6
BC Ski Team		1
<b>Haig Glacier Camp (Canmore, AB)</b>	<b>July 11 - 19</b>	
BC Ski Team		7
BC Development Squad		11
BC Talent Squad		3
<b>Canmore Training Camp (Canmore, AB)</b>	<b>Aug 22 - 28</b>	
CVTC		7
BC Ski Team		9
BC Development Squad		1
<b>Okanagan Dryland Camp (Canoe, BC)</b>	<b>Aug 30 - Sept 4</b>	
BC Development Squad		20
BC Talent Squad		13
BC Athletes		12
<b>Snow Camp (Whistler, BC)</b>	<b>Nov 11-16</b>	
CVTC		7
BC Ski Team		6
BC Development Squad		18
BC Talent Squad		21
<b>Total Provincial Camp Participation</b>		<b>188</b>

**SKI TEAM TRIP PROGRAM 2010-2011**

<b>EVENT</b>	<b>TOTAL BC TEAM PARTICIPANTS</b>	<b>TOTAL BC TEAM COACHES</b>	<b>TOTAL BC ATHLETES</b>
<b>World Jr. Trials/U23</b>	<b>6</b>	<b>3</b>	<b>15</b>
Location: Thunder Bay, Ontario			
Dates: Jan 6-9, 2011			
<b>National Championships</b>	<b>13</b>	<b>5</b>	<b>105</b>
Location: Canmore, Alberta			
Dates: Mar.13-20, 2011			

**Individual aggregates by age-category:**

**Senior Men**

1<sup>st</sup> George Grey (Black Jack Cross Country Ski Club)

**Junior Men**

4<sup>th</sup> Geoffrey Richards (Black Jack Cross Country Ski Club)

**Junior Boys**

2<sup>nd</sup> Colin Ferrie (Kimberley Nordic Ski Club)

4<sup>th</sup> Julien Locke (Black Jack Cross Country Ski Club)

6<sup>th</sup> David Palmer (Telemark Cross Country Ski Club)

9<sup>th</sup> Fred Weaver (Hollyburn Cross Country Ski Club)

**Juvenile Boys**

4<sup>th</sup> Thomas Hardy (Larch Hills Nordic Society)

8<sup>th</sup> John Connor (Larch Hills Nordic Society)

**Senior Women**

3<sup>rd</sup> Alysson Marshall (Larch Hills Nordic Society)

**Junior Women**

3<sup>rd</sup> Heather Mehain (Sovereign Lake Nordic Club)

**Junior Girls**

7<sup>th</sup> Emily Ertel (Telemark Cross Country Ski Club)

8<sup>th</sup> Jill Reynolds (Black Jack Cross Country Ski Club)

9<sup>th</sup> Julia Ransom (Telemark Cross Country Ski Club)

10<sup>th</sup> Brittany Evans (Revelstoke Cross Country Ski Club)

**Juvenile Girls**

5<sup>th</sup> Megan Evans (Revelstoke Cross Country Ski Club)

**Individual aggregates by YOB:**

**1996 Girls**

3<sup>rd</sup> Megan Evans (Revelstoke Nordic Ski Club)

6<sup>th</sup> Kate Woods (Bulkley Valley Cross Country Ski Club)

9<sup>th</sup> Katie Weaver (Hollyburn Cross Country Ski Club)

10<sup>th</sup> Jenya Nordin (Whistler Nordic Ski Club)

**1995 Girls**

7<sup>th</sup> Alexandra Myshak-Davis (Telemark Cross Country Ski Club)

**1994 Boys**

2<sup>nd</sup> Shawn DeGroot (Black Jack Cross Country Ski Club)

3<sup>rd</sup> Fred Weaver (Hollyburn Cross Country Ski Club)

4<sup>th</sup> Lucas Putnam-Rea (Hollyburn Cross Country Ski Club)

**1994 Girls**

2<sup>nd</sup> Jill Reynolds (Black Jack Cross Country Ski Club)

5<sup>th</sup> Brittany Evans (Revelstoke Nordic Ski Club)

6<sup>th</sup> Susanne Fraser (Black Jack Cross Country Ski Club)

9<sup>th</sup> Kirsten Bock (100 Mile Nordics)

**1993 Boys**

2<sup>nd</sup> Colin Ferrie (Kimberley Nordic Ski Club)

4<sup>th</sup> Julien Locke (Black Jack Cross Country Ski Club)

6<sup>th</sup> David Palmer (Telemark Cross Country Ski Club)

8<sup>th</sup> Stefan Sander-Green (Kimberley Nordic Ski Club)

**1993 Girls**

6<sup>th</sup> Emily Ertel (Telemark Cross Country Ski Club)

7<sup>th</sup> Julia Ransom (Telemark Cross Country Ski Club)

**1992 Men**

3<sup>rd</sup> Geoffrey Richards (Black Jack Cross Country Ski Club)

5<sup>th</sup> Jeffrey Kerkovius (Telemark Cross Country Ski Club)

**1992 Women**

8<sup>th</sup> Adriene Underhill (Larch Hills Nordic Society)

**1991 Women**

2<sup>nd</sup> Heather Mehain (Sovereign Lake Nordic)

**1990 Women**

6<sup>th</sup> Andrea Lee (Strathcona Nordic Ski Club)

**1988 Women**

2<sup>nd</sup> Alysson Marshall (Larch Hills Nordic Society)

**CCUNC Individual aggregates Men:**

2<sup>nd</sup> Jesse Heckrodt (UBC Okanagan)

**CCUNC Individual aggregates Women:**

1<sup>st</sup> Andrea Lee (University Lakehead)

10<sup>th</sup> Cara McCulloch (UBC)

**TOTAL INDIVIDUAL MEDALS @  
CANADIAN NATIONAL CHAMPIONSHIPS**

YEAR	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	Total Medals	# Ind. Medal Winners	# Medals Available	% of Medals
1985	1	2	2	5	3	-	-
1986	-	-	-	-	-	-	-
1987	2	1	0	3	1	54	5.50%
1988	3	6	3	12	5	54	22.20%
1989	4	3	0	7	5	54	12.90%
1990	2	0	1	3	1	54	5.50%
1991	3	3	1	7	5	54	12.90%
1992	2	2	3	7	3	54	12.90%
1993	2	1	1	4	2	54	7.40%
1994	3	2	3	8	5	54	14.80%
1995	3	4	3	10	6	54	18.50%
1996	1	6	2	9	6	54	16.60%
1997	5	3	3	11	6	54	20.30%
1998	2	4	1	7	3	72	9.70%
1999	4	3	3	10	6	72	13.80%
2000**	0	6	3	9	5	90	10%
2001	1	4	3	8	8	54	14.80%
2002	0	0	4	4	3	54	7.40%
2003	2	1	3	6	4	78	7.70%
2004	0	3	3	6	3	96	6.30%
2005	1	1	1	3	3	72	4.20%
2006	0	0	0	0	0	96	0%
2007	0	3	2	5	3	96	5.20%
2008	2	3	7	12	8	96	12.50%
2009	2	9	1	12	8	72	16.60%
2010	2	2	2	6	4	72	2.80%
2011	9	4	4	17	14	72	23.60%

\*\* Indicates the year Canadian Junior Championships changed to Canadian Championships

TOP 10 RESULTS: 2005 – 22    2006 – 14    2007 – 37    2008 - 40    2009 - 32    2010 -36    2011 - 55

**TOTAL INDIVIDUAL PARA-NORDIC MEDALS @  
CANADIAN NATIONAL CHAMPIONSHIPS**

YEAR	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	Total Medals	# Ind. Medal Winners	# Medals Available	% of Medals
2006	4	1	0	5	3	12	25.00%
2007	4	4	2	10	5	24	42.00%
2008	3	7	4	14	5	48	29.00%
2009							
2010							
2011	1	1	1	3	3		

## 2010 - 2011 BC SKI TEAM NOMINATION LIST

Adriene Underhill	Larch Hills Nordic Society
Alysson Marshall (AWCA)	Larch Hills Nordic Society
Brittany Evans	Revelstoke Nordic Ski Club
Andrea Lee	Strathcona Nordic Ski Club
Colin Ferrie	Kimberley Nordic Ski Club
David Palmer	Omineca Ski Club
Emily Ertel	Telemark Cross Country Ski Club
Fred Weaver	Hollyburn Jackrabbit Ski Club
Geoffrey Richards	Black Jack Cross Country Ski Club
Heather Mehain	Sovereign Lake Nordic Club
Jeffrey Kerkovius	Telemark Cross Country Ski Club
Jillian Reynolds	Black Jack Cross Country Ski Club
Joey Burton (AWCA)	Overlander Ski Club
Julien Locke	Nelson Nordic Ski Club
Kajsa Heyes	Hollyburn Jackrabbit Ski Club
Kirsten Bock	100 Mile Nordic Society
Lucas Putnam-Rea	Hollyburn Jackrabbit Ski Club
Matthew Wylie	Sovereign Lake Nordic Club
Matt Neumann	Caledonia Nordic Ski Club
Michael Ravensbergen	Strathcona Nordic Ski Club
Nicole Perrin	Kimberley Nordic Ski Club
Peter Locke	Black Jack Cross Country Ski Club
Rebecca Reid	Black Jack Cross Country Ski Club
Shawn DeGroot	Nelson Nordic Ski Club
Sierra Gibson	Black Jack Cross Country Ski Club
Stefan Sander-Green	Kimberley Nordic Ski Club
Susanne Fraser	Black Jack Cross Country Ski Club
Tessni Carruthers	Sovereign Lake Nordic Club

## 2010 - 2011 BC DEVELOPMENT SQUAD NOMINATION LIST

Adam Woods	Hollyburn Jackrabbit Ski Club
Alexander Nemethy	Nechako Nordic Ski Club
Alexandra Myshak-Davis	Telemark CC Ski Club
Ariel Bercherer	Strathcona Nordic Ski Club
David Walker	Bulkley Valley CC Ski Club
Elena Bruns	Larch Hills Ski Club
Eliza-Jane Kitchen	Larch Hills Ski Club
Eric Byram	Sovereign Lake Nordic Club
Gabriel Price	Bulkley Valley CC Ski Club
Gareth Williams	Telemark CC Ski Club
Hanna Thomson	Revelstoke Nordic Ski Club
Jenya Nordin	Whistler Nordic Ski Club
John Connor	Larch Hills Ski Club
Jonathan Bakker	Larch Hills Ski Club
Kalum Utley	Hollyburn Jackrabbit Ski Club
Kate Eppler	Telemark CC Ski Club
Kate Woods	Bulkley Valley CC Ski Club
Katie Weaver	Hollyburn Jackrabbit Ski Club
Kyle Flatman	Larch Hills Ski Club
Mackenzie Gibson	Black Jack CC Ski Club
Marissa Woods	Hollyburn Jackrabbit Ski Club
Megan Evans	Revelstoke Nordic Ski Club
Nicole Murdoch	Whistler Nordic Ski Club
Sam Morris	Hollyburn Jackrabbit Ski Club
Steven Coueffin	Kimberley Nordic Ski Club
Thomas Hardy	Larch Hills Ski Club
Zayne Heyes	Hollyburn Jackrabbit Ski Club

# Ski S’Kool Program

Number of students in the Ski S’Kool Program that fit the below criteria:

- ✓ A “Learn to ski” program for elementary school age children (grades 1-7).
- ✓ The program is managed by a CCBC Club and is delivered by “club” coaches.
- ✓ The program is held at the club facility or at the commercial (or other) facility used by the club to deliver its other programs.
- ✓ A minimum of 2 sessions per school per season.

	<b>Name of CCBC Club</b>	<b>Community</b>	<b>School District</b>	<b># of Students</b>	<b># Student Visits per Season</b>
1	<b>Caledonia Nordic Ski Club</b>	Prince George	SD #57	1489	1 - 2
2	<b>China Ridge CC Ski Assoc.</b>	Princeton	SD #58	25	2
3	<b>Golden Nordic Ski Club</b>	Golden	SD #6	100	3
4	<b>Hills Nordic Ski Club</b>	New Denver	SD #10	10	6
5	<b>McKinney Nordic Ski Club</b>	Oliver	SD #53	325	4
6	<b>Nelson Nordic Ski Club</b>	Nelson	SD #8	150	2 or 3
7	<b>Nickel Plate CC Ski Club</b>	Penticton	SD #67	560	3
8	<b>Omineca Ski Club</b>	Burns Lake	SD #91	TBD	TBD
9	<b>Overlander Ski Club</b>	Kamloops	SD #73	200	TBD
10	<b>Sovereign Lake Nordic Club</b>	Vernon / Armstrong	SD #22 / SD #83	1500	4
11	<b>Spud Valley Nordic Club</b>	Callaghan Valley	SD #48	1852	3
12	<b>Strathcona Nordic Ski Club</b>	Comox Valley	SD #71	752	4
13	<b>Telemark CC Ski Club</b>	Kelowna	SD #23	1180	3
<b>TOTALS:</b>				<b>8143</b>	



Schools that participated in each School District (SD):

	School District	Name of School(s)
1	SD #57	Ecole Franco Nord, Hart Highlands, College Heights, Westwood, Ecole Lac Des Bois, Blackburn, Highglen Montessori, Harwin, Central Fort George, Heritage, Pinewood, Southridge, Glenview, Buckhorn, Fothills, Heather Park, Ron Brent, Edgewood, Spruceland, Pinview, Malaspina, Peden Hill, Vanway, Alernate Ed, Center for Learning Alternate, Taps, Xplore Sports, Immigrant and Multicultural Service, Duchess, Kelly Road, Cedars, Sacred Heart
2	SD #58	Vermilion Forks Elementary
3	SD #6	Lady Grey Elementary and Nicholson Elementary
4	SD #10	Lucerne Elementary
5	SD #53	Oliver Elementary & Tuc el Nuit Schools
6	SD #8	Hume School, Blewett School, Nelson French school
7	SD #67	School District #67: Columbia Elementary, Parkway Elementary, Outma School, Carmi Elementary, Kaleden Elementary, Queen's Park Elementary, Uplands Elementary, West Bench Elementary, Wilste Elementary.
8	SD #91	TBD
9	SD #73	TBD
10	SD #22 & #83	School districts 22 & 83
11	SD #48	Braclendale Elem, Cedar Valley, Ecoledela Vallee, EcoleLes Aiglons, Garibaldi Highlands, Mamquam, Myrtle Philip, Signal Hill, Spring Creek, Squamish Elem, Stawamus, Valleycliffe, Xit'olacw Community School
12	SD #71	Airport Elementary, Arden Elementary, Aspen Park Elementary, Aspengrove Elementary, Brooklyn Elementary, Denman Island Elementary, Cole Robb Road Elementary, Huband Elementary, Miracle Beach, Puntledge Elementary, Quadra Elementary, Valley View Elementary
13	SD #23	Rutland Middle School, Anne McClymont Elem, Sensisyusten, St. Joseph Elem, Watson Road Elem, George Pringle Elem, Casorso Elem, KOL Middle School, South Delowna Elem, Black Mountain Elem, Helen Gorman Elem, Raymer Elem.

**2010-2011**

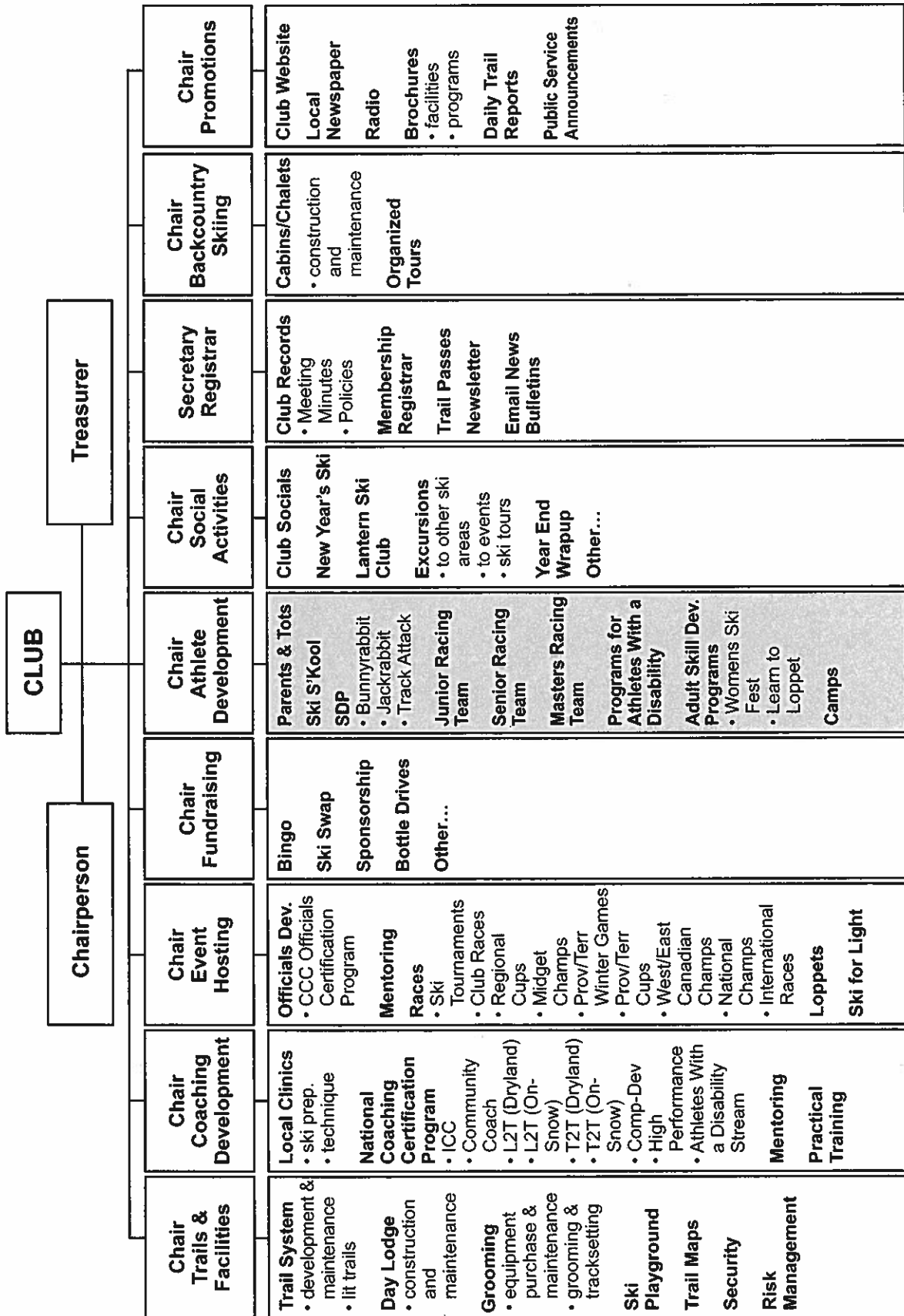
# **YEAR END REPORT**



**Cross Country BC**

**Club Development**

### 8.3.1 Example Full Service Club Infrastructure





## Membership Report 2010-11 Season

<u>Name of Club</u>	<u>02-03</u>	<u>03-04</u>	<u>04-05</u>	<u>05-06</u>	<u>06-07</u>	<u>07-08</u>	<u>08-09</u>	<u>09-10</u>	<u>10-11</u>
Arrow Lakes CC Ski Club	40	39	32	20	44	28	33	24	35
Barriere Outdoor Club	38	45	56	53	53	48	60	53	29
Bear Mountain CC Ski Club	15	77	51	38	61	78	80	133	132
Black Jack CC Ski Club	522	573	574	642	581	503	577	633	719
Bulkley Valley CC Ski Club	659	694	596	574	664	637	675	720	698
Caledonia Nordic Ski Club	932	954	939	966	1146	1236	1433	1592	1623
Callaghan Valley CC Ski Club	0	0	0	0	0	10	10	10	10
Cariboo Ski Touring Club	240	375	285	261	323	390	362	414	404
Castlegar Nordic Ski Club	546	568	569	527	551	474	453	525	657
China Ridge CC Ski Assoc.	72	63	49	45	25	36	59	92	87
Clinton Snow Jockey Club	11	15	15	11	15	16	15	21	25
Columbia Valley Jackrabbits	19	10	0	0	0	0	0	0	0
Dakota Ridge Winter Rec Soc.	10	11	21	0	0	0	0	0	0
Dunster Jackrabbits	10	10	10	10	12	0	0	0	0
Elkford Nordic Ski Club	66	61	66	76	54	57	54	39	39
Fernie Nordic Society	0	0	0	0	220	206	175	142	145
Fort Nelson CC Ski Club	101	74	61	48	56	42	55	73	32
Golden Nordic Ski Club	116	219	214	191	260	359	399	501	561
Highland Valley Outdoor Ass'n	10	30	10	15	42	28	24	21	10
Hills Nordic Ski Club	10	10	10	10	16	10	10	10	15
Hollyburn Jackrabbit Ski Club	319	491	604	576	542	537	488	522	540
Kimberley Nordic Ski Club	460	482	354	408	356	379	369	618	753
Kwadacha Ski Club	10	0	62	0	0	0	0	0	0
Larch Hills Ski Club	822	856	911	889	916	931	969	982	868
Mackenzie Nordiques	123	201	216	228	173	230	141	120	150
McKinney Nordic Ski Club	31	43	19	46	49	43	49	49	45
Morice Mountain Nordic Ski Club	115	167	105	82	115	107	201	209	170
Murray Ridge Nordic Ski Club	14	15	19	0	14	13	0	0	0
Nechako Nordics	35	46	41	58	61	49	54	73	64
Nelson Nordic Ski Club	575	632	805	761	748	756	744	768	673
Nickel Plate Cross Country Ski Club	429	534	516	493	510	567	513	552	626
Nordic Cross Country Ski Club	403	0	0	0	0	0	0	0	0
Nordic Racers	214	224	196	216	243	277	278	241	319
Nordic Wrecks	267	243	212	220	190	170	155	138	132
Omineca Ski Club	312	334	238	271	303	322	300	319	260
100 Mile Nordic Ski Society	147	149	126	158	104	92	87	100	159
Overlander Ski Club	503	558	563	585	616	531	448	524	575
Prince Rupert Ski Club	10	0	0	0	0	0	0	0	0
Revelstoke CC Ski Club	310	322	340	271	349	353	332	356	459
Seventy Mile Trackers	10	0	0	0	0	0	0	0	0



## Membership Report 2010-11 Season

<u>Name of Club</u>	<u>02-03</u>	<u>03-04</u>	<u>04-05</u>	<u>05-06</u>	<u>06-07</u>	<u>07-08</u>	<u>08-09</u>	<u>09-10</u>	<u>10-11</u>
Skmana Ski Club	31	19	15	26	42	39	57	39	86
Snow Valley Nordic Ski Club	185	175	148	103	139	176	199	251	301
Sovereign Lake Nordic Club	1594	1740	1745	1727	1676	1639	1458	1430	1606
Spud Valley Jackrabbits	109	119	74	56	79	53	85	100	116
Squamish Nordic Club	0	0	0	0	0	209	143	54	65
Stikine Nordic CC Ski Club	0	0	0	0	20	25	15	0	0
Strathcona Nordic Ski Club	423	469	448	431	466	512	466	406	402
Sunset Ridge Ski Society	0	0	14	30	56	40	24	16	10
Telemark CC Ski Club	650	778	903	889	933	891	963	939	1003
Tetrahedron Outdoor Club	0	0	0	0	0	0	35	209	225
Toby Creek CC Ski Club	73	76	71	72	87	84	93	223	213
Topley Jackrabbits	33	43	40	40	26	0	0	0	0
UBC Nordic Ski Club	30	35	24	13	14	13	10	10	11
UNBC CC Ski Club	15	17	13	14	13	0	0	0	0
Vancouver Skiers Touring Club	260	260	264	235	202	220	192	201	229
Wells Gray Outdoor Club	118	164	167	134	145	137	135	108	141
Whiskey Jack Nordic Ski Club	30	81	98	86	85	76	76	64	87
Whistler Nordic Ski Club	123	106	93	177	212	257	275	265	273
Williams Lake CC Ski Club	127	208	193	93	173	224	207	209	141
Wolverine Nordic Association	170	125	103	154	110	111	73	0	0
Yellowhead Outdoor Rec. Assoc.	10	10	10	10	10	10	10	10	0
Yellowhead Ski Club	<u>23</u>	<u>34</u>	<u>26</u>	<u>15</u>	<u>20</u>	<u>15</u>	<u>30</u>	<u>38</u>	<u>73</u>
<b>Overall Membership Totals</b>	<b>12530</b>	<b>13584</b>	<b>13334</b>	<b>13054</b>	<b>13920</b>	<b>14246</b>	<b>14148</b>	<b>15146</b>	<b>15996</b>

**Total Number of Clubs in 2010-11: 49**

<b>MONTHLY WEBSITE HITS</b>			
<b>2010 - 2011</b>			
<b>MONTH</b>	<b># OF HITS</b>	<b>Running Total 10-11</b>	<b>Running Total 09-10</b>
April	4627	4627	6558
May	6017	10644	11854
June	4770	15414	19778
July	4658	20072	25506
August	6471	26543	32889
September	6119	32662	45955
October	5057	37719	61595
November	2933	40652	69831
December	6867	47519	78678
January	7492	55011	82628
February	8925	63936	85608
March	7379	71315	88676

**Visitors to the CCBC Home Page:**

2010 Season:	71315
2009 Season:	88676
2008 Season:	98861
2007 Season:	75189
2006 Season:	49622
2005 Season:	50175
2004 Season:	41516
2003 Season:	24924
2002 Season:	20342
2001 Season:	18300
2000 Season:	15009
1999 Season:	9010
1998 Season:	4725

**2010-2011  
YEAR END REPORT**



**CROSS COUNTRY BC  
Coaching Development  
Programs**

# The Year at a Glance 2010-2011

## Coaching Certification Statistics

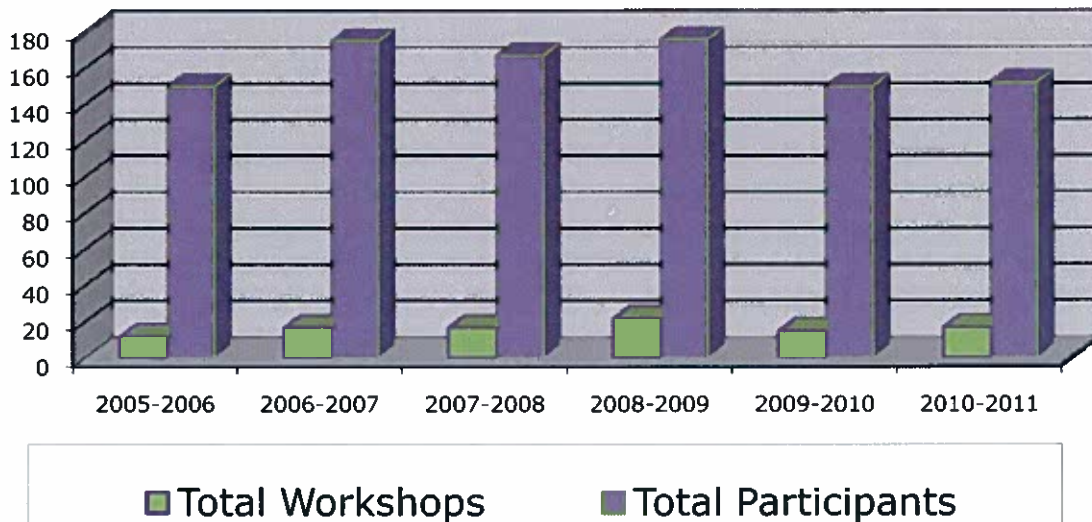
### NCCP Introduction to Community Coaching Workshops

Date	Location	Learning Facilitator	Male	Female	Number of Participants	
1	Oct 1-2	Whistler	Delores Franz Los	2	8	10
2	Oct 15-16	Rossland	Andrea Smith	2	2	4
3	Oct 15-16	Quesnel	Troy Hudson	2	3	5
4	Oct 22-23	Kitimat	Ingrid Granlin	3	4	7
5	Oct 22-23	Prince George	Jim Burbee	5	6	11
6	Nov 5-6	Vancouver	Delores Franz Los	13	7	20
7	Nov 5-6	Smithers	Ingrid Granlin	1	8	9
8	Nov 5-6	Penticton	Jacqui Richards	4	2	6
9	Nov 19-20	Salmon Arm	Jessica Heyes	5	9	14
10	Nov 20-21	Clearwater	Jessica Heyes	5	5	10
11	Nov 20-21	Roberts Creek	Delores Franz Los	1	6	7
12	Nov 20-21	Burns Lake	Ingrid Granlin	4	4	8
13	Nov 27-28	Whistler	Delores Franz Los	5	6	11
14	Dec 3-4	Courtenay	Delores Franz Los	4	3	7
15	Jan 3-4	Callaghan Valley	Delores Franz Los	4	2	6
16	Jan 28-29	Dawson Creek	Tony Chin	4	6	10
17	Feb-13	Kamloops	Donna Flatman	6	1	7
<b>TOTALS:</b>			<b>70</b>	<b>82</b>	<b>152</b>	

	2005-2006	2006-2007	2007-2008	2008-2009	2009-2010	2010-2011
<b>Total Workshops</b>	12	17	17	22	15	17
<b>Total Participants</b>	150	175	167	176	150	152

### NCCP ICC Workshops & Participants





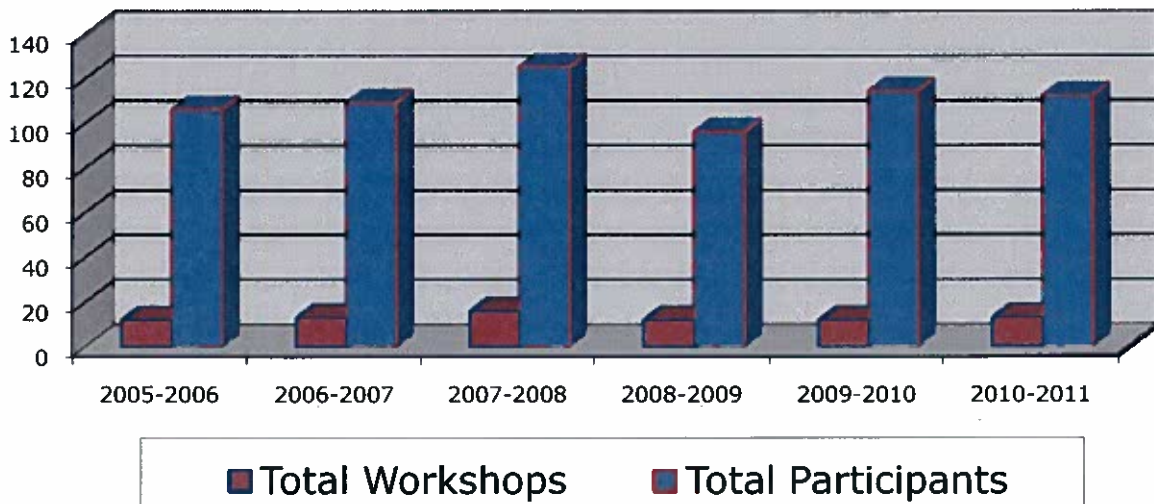
# The Year at a Glance 2010- 2011

## Coaching Certification Statistics

### NCCP Community Coaching Workshops

<i>Date</i>	<i>Location</i>	<i>Learning Facilitator</i>	<i>Male</i>	<i>Female</i>	<i>Number of Participants</i>	
1	Nov 26-28	Vancouver	Maria Lundgren	6	4	10
2	Dec 3-5	Smithers	Chris Werrell	1	6	7
3	Dec 3-5	Salmon Arm	Murray Farbridge	7	7	14
4	Dec 3-5	Vancouver	Ingrid Granlin	8	6	14
5	Dec 3-5	Penticton	Adam Elliot	4	1	5
6	Dec 3-5	Prince George	Jim Burbee	2	6	8
7	Dec 10-12	Rosland	Dores Hausleitner	4	4	8
8	Dec 10-12	Kitimat	Chris Paulson	2	4	6
9	Dec 17-19	Clearwater	Brian May	2	3	5
10	Jan 14-16	Roberts Creek	Tony Chin	4	7	11
11	Jan 21-23	Courtenay	Maria Lundgren	3	2	5
12	Jan 29-31	Dawson Creek	Tony Chin	4	7	11
13	Mar 25-27	Whistler	Jamie Stirling	3	5	8
<b>TOTALS:</b>			<b>50</b>	<b>62</b>	<b>112</b>	
<i>2005-2006</i>	<i>2006-2007</i>	<i>2007-2008</i>	<i>2008-2009</i>	<i>2009-2010</i>	<i>2010-2011</i>	
<b>Total Workshops</b>	12	13	16	12	12	13
<b>Total Participants</b>	106	109	125	96	114	112
<b>Total Certified</b>						

### NCCP CC Workshops & Participants



# The Year at a Glance 2010 - 2011

## Coaching Certification Statistics (con't.)

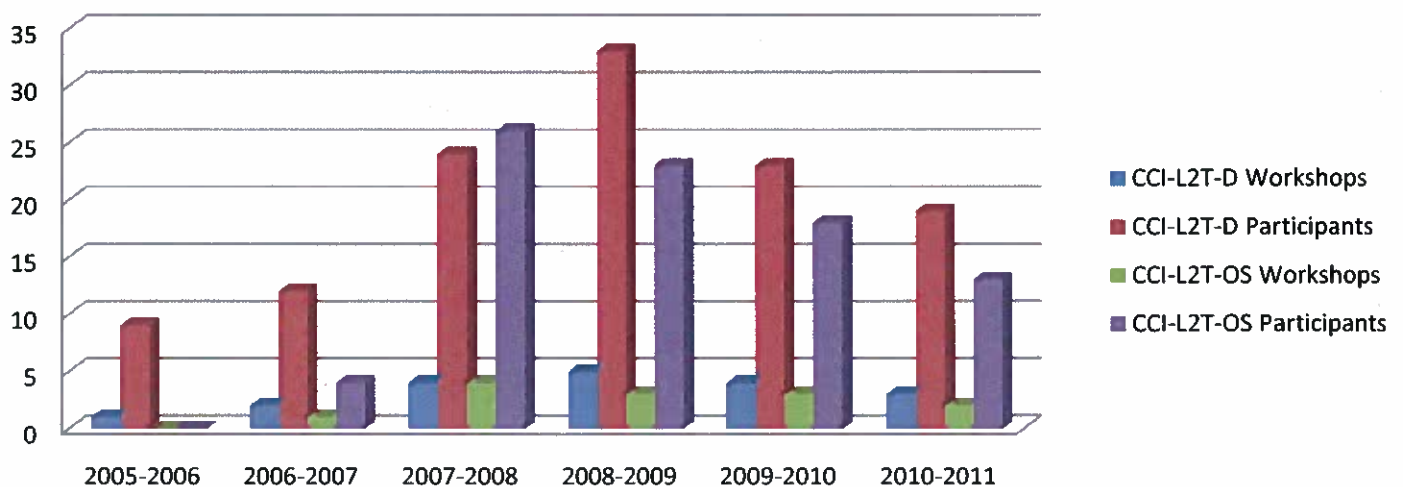
### NCCP Competition Coaching Introduction Learning to Train - Dryland

<i>Date</i>	<i>Location</i>	<i>Learning Facilitator</i>	<i>Male</i>	<i>Female</i>	<i>Number of Participants</i>	
1 Oct 22-24	Whistler	Dave Battison	6	1	7	
2 Oct 22-24	Prince George	Jamie Stirling	3	3	6	
3 Oct 29-31	Vernon	Jerome Jang	3	3	6	
<b>TOTALS:</b>			<b>12</b>	<b>7</b>	<b>19</b>	
	<i>2005-2006</i>	<i>2006-2007</i>	<i>2007-2008</i>	<i>2008-2009</i>	<i>2009-2010</i>	<i>2010-2011</i>
<b>Total Workshops</b>	1	2	4	5	4	3
<b>Total Participants</b>	9	12	24	33	23	19

### NCCP Competition Coaching Introduction Learning to Train - On-Snow

<i>Date</i>	<i>Location</i>	<i>Learning Facilitator</i>	<i>Male</i>	<i>Female</i>	<i>Number of Participants</i>	
1 Nov 26-28	Vancouver	Chris Manhard	3	1	4	
2 Nov 26-28	Smithers	Jamie Stirling	4	5	9	
<b>TOTALS:</b>			<b>7</b>	<b>6</b>	<b>13</b>	
	<i>2005-2006</i>	<i>2006-2007</i>	<i>2007-2008</i>	<i>2008-2009</i>	<i>2009-2010</i>	<i>2010-2011</i>
<b>Total Workshops</b>	0	1	4	3	3	2
<b>Total Participants</b>	0	4	26	23	18	13

### Competition Coaching Introduction Learning to Train (Dryland & On-Snow)



# The Year at a Glance 2010 - 2011

## Coaching Certification Statistics (con't.)

### NCCP Competition Coaching Introduction

#### Training to Train - Dryland

Date	Location	Learning Facilitator	Male	Female	Number of Participants
TOTALS:			0	0	0
2005-2006	2006-2007	2007-2008	2008-2009	2009-2010	2010-2011
Total Workshops			1	1	0
Total Participants			8	7	0

### NCCP Competition Coaching Introduction

#### Training to Train - On-Snow

Date	Location	Learning Facilitator	Male	Female	Number of Participants
TOTALS:			0	0	0
2005-2006	2006-2007	2007-2008	2008-2009	2009-2010	2010-2011
Total Workshops			0	1	0
Total Participants			0	11	0

### Special Clinics and Seminars

Date	Location	Workshop	Learning Facilitator	Male	Female	Number of Participants	
1	Nov 5 - 7, 2010	Vernon	Coach Leadership	Dave Wood	11	3	14
2	Nov 12-14, 2010	Vernon	NCCP Ski Prep	Alain Masson	13	0	13
TOTALS:				24	3	27	
2005-2006	2006-2007	2007-2008	2008-2009	2009-2010	2010-2011		
Total Workshops	1	1	0	0	2	2	
Total Participants	7	36	0	0	106	27	

### NCCP Learning Facilitator Clinics

Date	Location	Workshop	Learning Facilitator	Male	Female	Number of Participants	
	Canmore, Alberta			1	2	3	
TOTALS:				1	2	3	
2005-2006	2006-2007	2007-2008	2008-2009	2009-2010	2010-2011		
Total Clinics	1	2	0	3	0	0	
Total Participants	6	23	24	7	13	0	3

## The Year at a Glance 2009-2010

A total of **410** coaches took part in CCBC Coaching Development Opportunities during

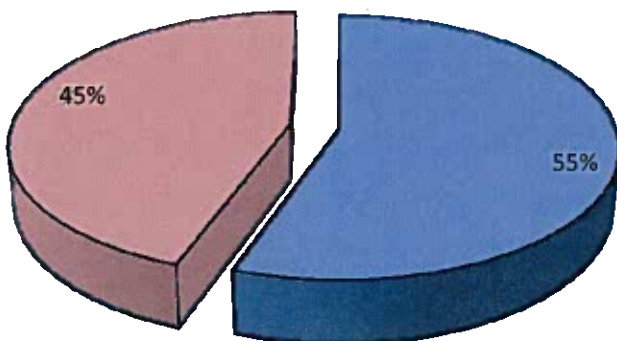
**2010 - 2011**

This includes NCCP Coaching Workshops, Coaching Assignments, Provincial Coaching Experience Assignments (PCE), etc.

Of these, **296** were participating in NCCP certification workshops

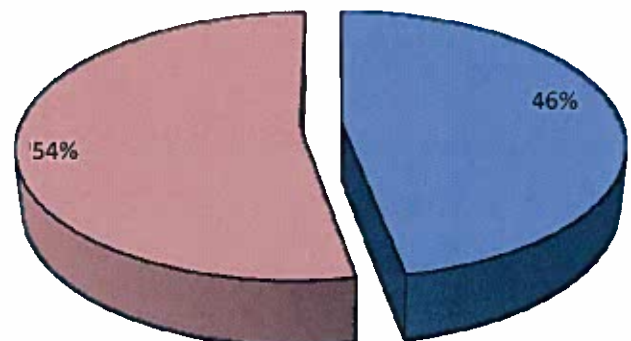
Male/Female Coach ratio who took part in "Coaching Development Opportunities" during the 2010-2011 Season

■ Male Coaches 55%  
■ Female Coaches 45%



Male / Female Coach ratio who took Part in "Coaching Development Certification Programs" during the 2010-2011 Season

■ Male Coaches 46%  
■ Female Coaches 54%



# The Year at a Glance 2010-2011

## Provincial Camps and Trips Programs

### (including) Provincial Coaching Experience (PCE) Assignments

Date	CAMPS	Location	Coaches
May 4 - 9, 2010	CCBC Spring Camp	Whistler, BC	Chris Manhard (HC) CVTC / BCST
May 4 - 9, 2010	CCBC Spring Camp	Whistler, BC	Graham Maclean
May 4 - 9, 2010	CCBC Spring Camp	Whistler, BC	Maria Lundgren
May 4 - 9, 2010	CCBC Spring Camp	Whistler, BC	Jessica Heyes (PCE)
May 4 - 9, 2010	CCBC Spring Camp	Whistler, BC	Jake Weaver (PCE)
May 21 - 24, 2010	CCBC Spring Camp	100 Mile House, BC	Dave Battison (HC) BCDS
May 21 - 24, 2010	CCBC Spring Camp	100 Mile House, BC	Maria Lundgren (HC) BCTS
May 21 - 24, 2010	CCBC Spring Camp	100 Mile House, BC	Jake Weaver (PCE)
May 21 - 24, 2010	CCBC Spring Camp	100 Mile House, BC	Lisa Perry (PCE)
June 1-6, 2010	CVTC June Camp	Rossland, BC	Chris Manhard (HC)
June 1-6, 2010	CVTC June Camp	Rossland, BC	Graham Maclean
June 27-July 5, 2010	Haig Glacier Camp #1	Canmore, AB	Chris Manhard (HC) CVTC
June 27-July 5, 2010	Haig Glacier Camp #1	Canmore, AB	Graham Maclean
July 2-4, 2010	Regional Summer Dryland Camp	Nelson, BC (Kootenay Region)	Dave Wood (HC)
July 2-4, 2010	Regional Summer Dryland Camp	Nelson, BC (Kootenay Region)	James Cunningham
July 12-19, 2010	Haig Glacier Camp #2	Canmore, AB	Dave Wood (HC) BCST / BCDS
July 12-19, 2010	Haig Glacier Camp #2	Canmore, AB	Maria Lundgren
July 12-19, 2010	Haig Glacier Camp #2	Canmore, AB	Jake Weaver (PCE)
Aug 22-29, 2010	Canmore Dryland Training Camp	Canmore, AB	Chris Manhard (HC) CVTC
Aug 22-29, 2010	Canmore Dryland Training Camp	Canmore, AB	Dave Wood (HC) BCST
Aug 22-29, 2010	Canmore Dryland Training Camp	Canmore, AB	Adam Elliot (PCE)
Aug 30-Sept 4, 2010	Okanagan Dryland Camp	Salmon Arm, BC	Dave Battison (HC) BCDS
Aug 30-Sept 4, 2010	Okanagan Dryland Camp	Salmon Arm, BC	Maria Lundgren
Aug 30-Sept 4, 2010	Okanagan Dryland Camp	Salmon Arm, BC	Dave Wood
Aug 30-Sept 4, 2010	Okanagan Dryland Camp	Salmon Arm, BC	Phil Wallenstein (HC) BCTS
Aug 30-Sept 4, 2010	Okanagan Dryland Camp	Salmon Arm, BC	Brian May (PCE)
Aug 30-Sept 4, 2010	Okanagan Dryland Camp	Salmon Arm, BC	Adam Elliot (PCE)
Aug 30-Sept 4, 2010	Okanagan Dryland Camp	Salmon Arm, BC	Kerry Finch (PCE)
Aug 30-Sept 4, 2010	Okanagan Dryland Camp	Salmon Arm, BC	Jessica Heyes (PCE)
Aug 30-Sept 4, 2010	Okanagan Dryland Camp	Salmon Arm, BC	Donna Flatman (PCE)
Sep 24-26, 2010	Regional Fall Dryland Camp	Whistler, BC (Sea to Sky Region)	Maria Lundgren (HC)
Sep 24-26, 2010	Regional Fall Dryland Camp	Whistler, BC (Sea to Sky Region)	Jake Weaver
Sep 24-26, 2010	Regional Fall Dryland Camp	Whistler, BC (Sea to Sky Region)	Joanne Woods
Sep 24-26, 2010	Regional Fall Dryland Camp	Kimberley, BC (Kootenay Region)	Dave Wood (HC)
Sep 24-26, 2010	Regional Fall Dryland Camp	Kimberley, BC (Kootenay Region)	
Sep 24-26, 2010	Regional Fall Dryland Camp	Burns Lake, BC (Northern Region)	Chris Werrell (HC)
Sep 24-26, 2010	Regional Fall Dryland Camp	Smithers, BC (Northern Region)	Chris Paulson
Oct 1-3, 2010	Regional Fall Dryland Camp	Revelstoke, BC (Okanagan Region)	Adam Elliot (HC)
Oct 1-3, 2010	Regional Fall Dryland Camp	Revelstoke, BC (Okanagan Region)	Sally Thompson
Oct 1-3, 2010	Regional Fall Dryland Camp	Revelstoke, BC (Okanagan Region)	Phil Wallenstein
Oct 1-3, 2010	Regional Fall Dryland Camp	Revelstoke, BC (Okanagan Region)	Dana Manhard
Oct 1-3, 2010	Regional Fall Dryland Camp	Revelstoke, BC (Okanagan Region)	Wade Viznaugh
Oct 1-3, 2010	Regional Fall Dryland Camp	Revelstoke, BC (Okanagan Region)	Darren Derochie

# The Year at a Glance 2010-2011 (con't.)

## Provincial Camps and Trips Programs

(including) Provincial Coaching Experience (PCE) Assignments

Date	CAMPS	Location	Coaches
Nov 18-22, 2010	CCBC Snow Camp	Whistler, BC	Dave Wood (HC) BCTS
Nov 18-22, 2010	CCBC Snow Camp	Whistler, BC	Jake Weaver (PCE)
Nov 18-22, 2010	CCBC Snow Camp	Whistler, BC	Siobhan Dawson (PCE)
Nov 18-22, 2010	CCBC Snow Camp	Whistler, BC	David Morris (PCE)
Nov 18-22, 2010	CCBC Snow Camp	Whistler, BC	Chris Manhard (CVTC / BCST)
Nov 18-22, 2010	CCBC Snow Camp	Whistler, BC	Graham Maclean
Nov 18-22, 2010	CCBC Snow Camp	Whistler, BC	Jane Woods (PCE)
Nov 18-22, 2010	CCBC Snow Camp	Whistler, BC	David Battison (BCDS)
Nov 18-22, 2010	CCBC Snow Camp	Whistler, BC	Maria Lundgren
Nov 18-22, 2010	CCBC Snow Camp	Whistler, BC	Adam Elliot (PCE)
Nov 26-28, 2010	Regional Snow Camp	Vernon, BC (Okanagan Region)	Adam Elliot (HC)
Nov 26-28, 2010	Regional Snow Camp	Vernon, BC (Okanagan Region)	Jillian Warner
Nov 26-28, 2010	Regional Snow Camp	Vernon, BC (Okanagan Region)	Ross McKinnon
Nov 26-28, 2010	Regional Snow Camp	Vernon, BC (Okanagan Region)	James Williams
Nov 26-28, 2010	Regional Snow Camp	Vernon, BC (Okanagan Region)	Rebecca Tyson
Nov 26-28, 2010	Regional Snow Camp	Vernon, BC (Okanagan Region)	Dana Manhard
Nov 26-28, 2010	Regional Snow Camp	Vernon, BC (Okanagan Region)	Bruce Granstrom
Dec 3-5, 2010	Regional Snow Camp	Whistler, BC (Sea to Sky Region)	Maria Lundgren (HC)
Dec 3-5, 2010	Regional Snow Camp	Whistler, BC (Sea to Sky Region)	Jake Weaver
Dec 10-12, 2010	Regional Snow Camp	Smithers, BC (Northern Region)	Chris Werrell (HC)
Dec 10-12, 2010	Regional Snow Camp	Smithers, BC (Northern Region)	Chris Paulson
Dec 10-12, 2010	Regional Snow Camp	Smithers, BC (Northern Region)	Ann Marie Findley
Dec 10-12, 2010	Regional Snow Camp	Smithers, BC (Northern Region)	Jane Woods

**Total COACHES & PCE Coaches for 2010-2011 CAMPS**

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Date	COMPETITIONS	Location	Coaches
Jan 6-9, 2011	World Jr/U23 Trials	Thunder Bay, ON	Chris Manhard (HC)
Jan 6-9, 2011	World Jr/U23 Trials	Thunder Bay, ON	Graham Maclean
Jan 6-9, 2011	World Jr/U23 Trials	Thunder Bay, ON	Adam Elliot (PCE)
Feb 18-28, 2011	Canada Winter Games	Halifax, NS	Chris Manhard (HC)
Feb 18-28, 2011	Canada Winter Games	Halifax, NS	Kerry Finch
Feb 18-28, 2011	Canada Winter Games	Halifax, NS	David Battison
Feb 18-28, 2011	Canada Winter Games	Halifax, NS	Neil Manhard
Feb 18-28, 2011	Canada Winter Games	Halifax, NS	Tony Chin (Para Nordic)
March 13-20, 2011	National Championships	Canmore, AB	Dave Wood (HC)
March 13-20, 2011	National Championships	Canmore, AB	Neil Manhard (PCE)
March 13-20, 2011	National Championships	Canmore, AB	Jake Weaver (PCE)
March 13-20, 2011	National Championships	Canmore, AB	Maria Lundgren (PCE)
March 13-20, 2011	National Championships	Canmore, AB	Gary Carlson (PCE)
March 13-20, 2011	National Championships	Canmore, AB	Chris Manhard - CVTC
March 13-20, 2011	National Championships	Canmore, AB	Graham Maclean - CVTC

**Total COACHES & PCE Coaches for 2011<sup>27</sup> COMPETITIONS**

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**The Year at a Glance 2010-2011**  
**Cross Country Canada (CCC) High Performance (HP)**  
**Coaching Experience Program**

Date	COMPETITIONS	Location	Coaches
Jan 25-31, 2011	World Jr/U23 Championships	Otepaa, Estonia, EST	Chris Manhard (HC)
Jan 25-31, 2011	World Jr/U23 Championships	Otepaa, Estonia, EST	Graham Maclean
<b>Total CCC HP Coaches for 2011 COMPETITIONS</b>			<b>2</b>

**2010-2011**  
**YEAR END REPORT**



**Cross Country BC**

**Officials**



# The Year at a Glance 2010-2011

## Officials Technical Delegates / Advisors Statistics

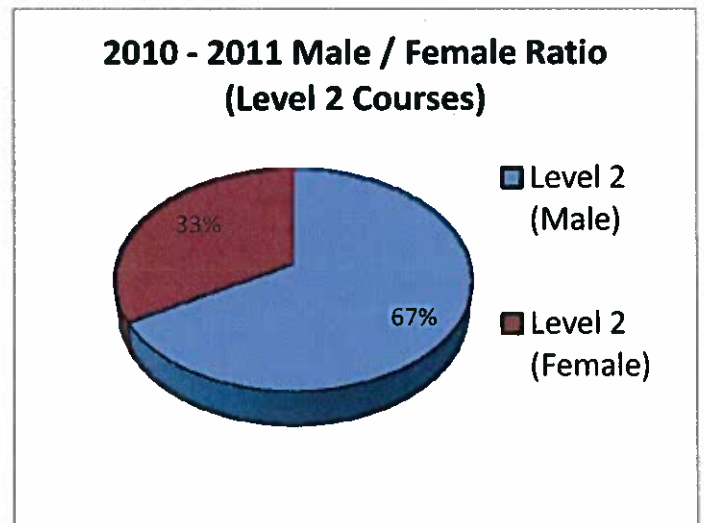
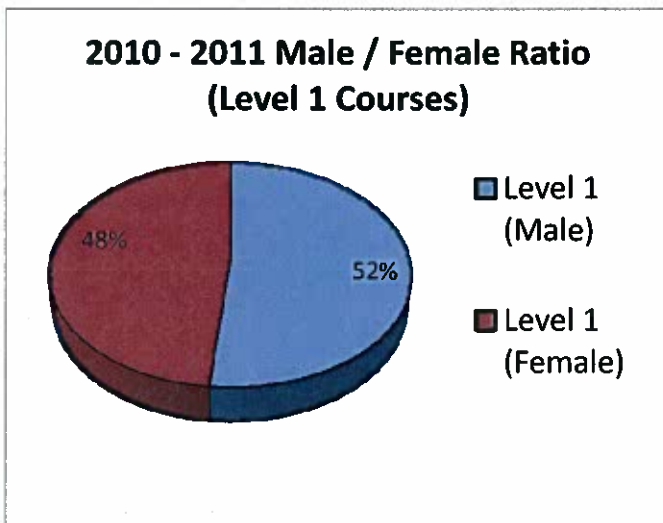
2010-2011 Technical Delegates/Advisors for Sanctioned Events in BC				
<u>EVENT</u>	<u>DATE</u>	<u>LOCATION</u>	<u>TD/TA</u>	<u>Assistant</u>
Reino Keski Salmi Loppet	Jan 15, 2011	Salmon Arm	Nancy Flood	
BC Cup #1	Jan 15-16, 2011	Prince George	Mark Blayney	
BC Cup #2	Feb 5-6, 2011	Kamloops	***Kim Hewett	***Allan Frostad
Cariboo Marathon	Feb 12, 2011	100 Mile House	Dan Miller	
BC Championships	Feb 19-20, 2011	Kamloops	Mark Richards	
P'ayakentsut	Feb 26, 2011	Callaghan Valley	Rob Bernhardt	
BC Midget Championships	Mar 5 - 6, 2011	Callaghan Valley	Len Apedaile	
Sovereign Lake Loppet	Mar 12, 2011	Vernon	Denis Brown	
<b>***CCC Appointments</b>				

# The Year at a Glance 2010-2011

## Officials Courses Details

2010-2011 Officials Courses					
LEVEL	DATE	LOCATION	CONDUCTO	M/F	TOTAL
Level 1	October 23, 2010	Vernon	Sam Robbins	5 / 3	8
TD Clinic	November 27, 2010	Webinar	Various	7 / 5	12
Level 2	October 29-31, 2010	Golden	Rob Bernhardt	4 / 2	6
Zone4 / Summit	November 21, 2010	Kelowna	Jillian Stamp	4 / 4	8
Level 1	November 14, 2010	Rossland	Jacqui Richards	3 / 6	9
Level 1	January 15, 2011	Vancouver	Dirk Rohde	4 / 5	9
Level 1	February 26, 2011	Revelstoke	Jacqui Richards	4 / 1	5
<b>TOTAL</b>				<b>31 / 26</b>	<b>57</b>

### 2010 - 2011 Officials Courses Male / Female Ratio



# The Year at a Glance 2010-2011

## Officials Certification Statistics (with six year comparison)

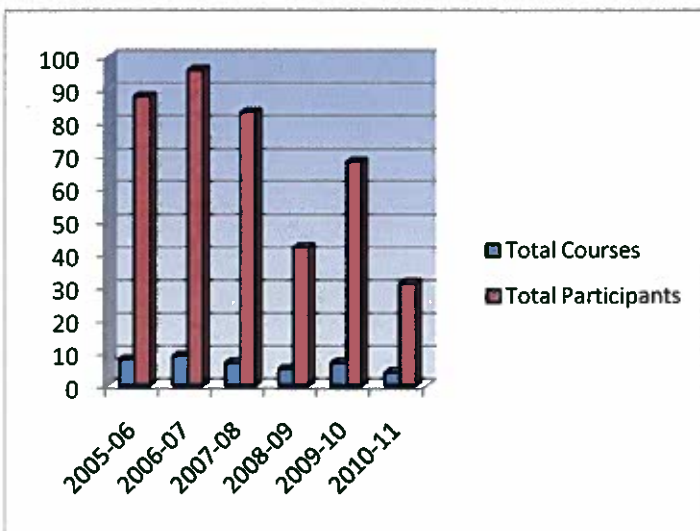
Officials Level 1 Courses						
	2005-06	2006-07	2007-08	2008-09	2009-10	2010-11
<b>Total Courses</b>	8	9	7	5	7	4
<b>Total</b>	88	96	83	42	68	31

Officials Level 2 Courses						
	2005-06	2006-07	2007-08	2008-09	2009-10	2010-11
<b>Total Courses</b>	2	3	3	1	4	1
<b>Total</b>	20	29	38	11	36	6

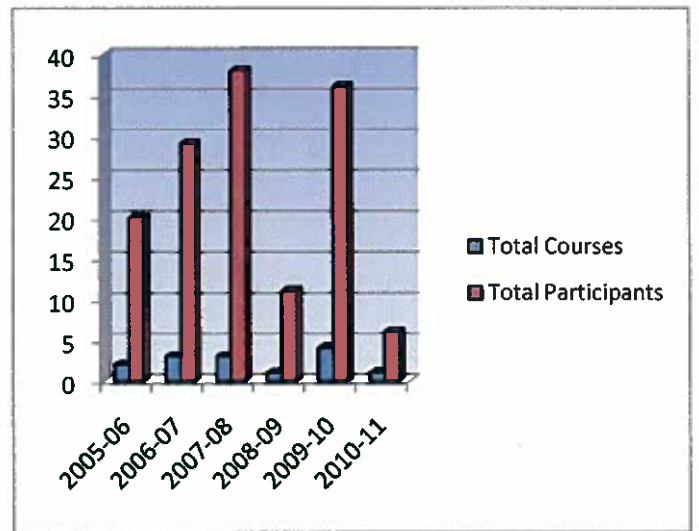
Officials Level 3 Courses						
	2005-06	2006-07	2007-08	2008-09	2009-10	2010-11
<b>Total Courses</b>	0	0	0	0	0	0
<b>Total</b>	0	0	0	0	0	1

Officials TD Course and Special Seminars						
	2005-06	2006-07	2007-08	2008-09	2009-10	2010-11
<b>Total Courses</b>	0	1	4	0	0	2
<b>Total</b>	0	35	64	0	0	20

**Officials Level 1 Courses 2010-2011**



**Officials Level 2 Courses 2010-2011**



# CCC OFFICIALS CERTIFICATION PROGRAM

This program consists of five steps from entry level to international level. It includes course conductor training, technical delegate training and event management as well as technical training.

## **Level 1**

This is a 10 hour course that provides an overview of what a cross-country ski competition is all about. The focus is on the duties of minor officials for both Olympic Style ((individual start, mass start, pursuit start, relay start and sprints) and Loppet Style (mass participation) competitions. Course fee: \$60.00

## **Level 2**

competition committee for club, provincial and national competitions including the BC Cup Series, BC Winter Games and loppets. The course covers all official race formats, rules and regulations, rule interpretation, electronic timing, all aspects of the results system, and volunteer management. Course fee: \$75.00

## **Level 3**

This is a 3.5 day course. It is designed to prepare an official to: (1) effectively structure, staff and manage a Competition Committee at Provincial through National level competitions, (2) perform any 'major official role at the National Championship level, (3) perform the role of a provincial Technical Delegate, and (4) have a good understanding of CCC/FIS rules.

1 & 2. Course pre-requisites will be strictly enforced. For more information about course pre-requisites visit the CCBC website at:  
<http://crosscountrybc.ca/main.asp?cmd=doc&ID=1750>

## **ZONE4 CLINICS**

ZONE4 is Cross Country BC's official race management software. All nationally and provincially sanctioned competitions held in BC - BC Cup Series, BC Sprint Championships, Nor Ams / Continental Cups and National Championships - produce standardized results through the use of this program.

### **ZONE4 Clinic - Introduction:**

This clinic provides a general overview of Zone4 and prepare participants to use it for running club races, regional cup races and similar types of events. Topics will include the tasks of the competition secretary and timekeeping departments as they relate to ZONE4, online registration, posting results, etc.

### **ZONE4 Clinic - Advanced:**

Preparing a start list for the different race formats (interval, individual sprint, team sprint, traditional relay, pursuit and mass start); doing a draw; producing results and interfacing the software program with CCBC electronic timing equipment (Chronomix – Compusport 737) will all be covered during this clinic.  
Prerequisite: ZONE4 Clinic - Introduction.

**2010-11**

# **YEAR END REPORT**



**Cross Country BC**

**Competitions**

# BC CUP SERIES AWARDS

## 2011 BC CUP SERIES AGGREGATE AWARDS

### 2011 BC Cup Series Aggregate Awards

<b>Pee Wee Boys - 2001</b>		
1	Aaron Myshak-Davis	Telemark CC Ski Club
2	Ian Oliphant	Sovereign Lake Nordic Club
3	Aleks Klassen	Revelstoke Nordic Ski Club
<b>Pee Wee Boys - 2000</b>		
1	Micheal Murdoch	Whistler Nordic Ski Club
2	Ian Williams	Telemark CC Ski Club
3	Konrad Van Varseveld	Larch Hills Nordic Society
<b>Pee Wee Boys - 1999</b>		
1	David Bakker	Larch Hills Nordic Society
2	Jaden Izik-Dzurko	Larch Hills Nordic Society
3	Charles Borek	Nechako Nordic Ski Club
<b>Pee Wee Boys - 1998</b>		
1	Andrew Nash	Larch Hills Nordic Society
2	Hamish Woods	Bulkley Valley CC Ski Club
3	Nelson Kleer	Larch Hills Nordic Society
<b>Pee Wee Girls - 2001</b>		
1	Hannah Ladyman	Larch Hills Nordic Society
2	Aria Izik-Dzuko	Larch Hills Nordic Society
3	Lia Nash	Larch Hills Nordic Society
<b>Pee Wee Girls - 2000</b>		
1	Maxine Forder	Hollyburn CC Ski Club
2	Annah Bucher	Overlander Ski Club
3	Beth Grandstrom	Revelstoke Nordic Ski Club
<b>Pee Wee Girls - 1999</b>		
1	Rachel May	Larch Hills Nordic Society
2	Jenna Simm	Hollyburn CC Ski Club
3	Anna Goodwin	Hollyburn CC Ski Club
<b>Midget Boys - 1997</b>		
1	David Walker	Bulkley Valley CC Ski Club
2	Gareth Williams	Telemark CC Ski Club
3	Alexander Nemethy	Nechako Nordic Ski Club

<b>Midget Boys - 1996</b>		
1	Gabriel Price	Bulkley Valley CC Ski Club
2	Johnathan Bakker	Larch Hills Nordic Society
3	Mackenzie Gibson	Black Jack CC Ski Club
<b>Midget Girls - 1998</b>		
1	Dot Forder	Hollyburn CC Ski Club
2	Sage Bialuski	Caledonia Nordic Ski Club
3	Robyn Price	Bulkley Valley CC Ski Club
<b>Midget Girls - 1997</b>		
1	Eliza-Jane Kitchen	Larch Hills Nordic Society
2	Katie Weaver	Hollyburn CC Ski Club
3	Elena Bruns	Larch Hills Nordic Society
<b>Juvenile Boys - 1995</b>		
1	Thomas Hardy	Larch Hills Nordic Society
2	Zane Heyes	Hollyburn CC Ski Club
3	Eric Byram	Sovereign Lake Nordic Club
<b>Juvenile Girls - 1996</b>		
1	Kate Woods	Bulkley Valley CC Ski Club
2	Marissa Woods	Hollyburn CC Ski Club
3	Megan Evans	Revelstoke Nordic Ski Club
<b>Juvenile Girls - 1995</b>		
1	Alexandra Myshak-Davies	Telemark CC Ski Club
2	Hannah Thomson	Revelstoke Nordic Ski Club
3	Ariel Becherer	Strathcona Nordic Ski Club
<b>Junior Boys - 1994</b>		
1	Shawn deGroot	Black Jack CC Ski Club
2	Fred Weaver	Hollyburn CC Ski Club
3	Michael Ravensbergen	Strathcona Nordic Ski Club
<b>Junior Boys - 1993</b>		
1	Julien Locke	Black Jack CC Ski Club
2	David Palmer	Telemark CC Ski Club
3	Peter Locke	Black Jack CC Ski Club
<b>Junior Girls - 1994</b>		
1	Jill Reynolds	Black Jack CC Ski Club
2	Susanne Fraser	Black Jack CC Ski Club
3	Brittany Evans	Revelstoke Nordic Ski Club
<b>Junior Girls - 1993</b>		
1	Kaileen McCulloch	Bulkley Valley CC Ski Club
2	Emily Ertel	Telemark CC Ski Club
3	Kayleigh Cuell	Bulkley Valley CC Ski Club

<b>Junior Men - 1992</b>		
1	Jeffrey Kerkovius	Telemark CC Ski Club
2	Kurt Behnsen	Telemark CC Ski Club
3	Cole Heatherington	Sovereign Lake Nordic Club
<b>Junior Women - 1992</b>		
1	Sylvia Watkins	Strathcona Nordic Ski Club
2	Adriene Underhill	Larch Hills Nordic Society
<b>Junior Women - 1991</b>		
1	Cara McCulloch	Bulkley Valley CC Ski Club
<b>U23 Men</b>		
1	David Harbocian	Sovereign Lake Nordic Club
2	Alistair Hardy-Poirier	Nordic Racers
<b>Master Men 41-50</b>		
1	John Hagen	Caledonia Nordic Ski Club
2	Chris Paulson	Omineca Ski Club
3	Greg Goodwin	Hollyburn CC Ski Club
<b>Master Men 51-60</b>		
1	George Borchert	Sovereign Lake Nordic Club
2	Chuck Connor	Larch Hills Nordic Society
3	Jeff Curtis	Sovereign Lake Nordic Club
<b>Master Men 71+</b>		
1	Eric Rayson	Telemark CC Ski Club
2	Brian Stamp	Strathcona Nordic Ski Club
<b>Master Women 41-50</b>		
1	Jessica Heyes	Hollyburn CC Ski Club
2	May Hooper	Sovereign Lake Nordic Club
3	Tracy Moore	100 Mile Nordics
<b>Master Women 51-60</b>		
1	Marilyn Atkinson	Strathcona Nordic Ski Club
2	Iris Unger	Omineca Ski Club



## 2011 COLLEGE/ UNIVERSITY AGGREGATE AWARDS

Women		Men	
Skier	Club	Skier	Club
1. Cara McCulloch	UBC	1. Jeffrey Kerkovius	UBC Okanagan
		2. Alistair Hardy-Poirier	UBC

## 2011 CHAMPIONSHIP CLUB TROPHY

The BC Championships Club Trophy recognizes the achievements of club teams at the BC Championships. Point totals for 2011 are as follows:

<b>Club</b>	<b>Points</b>	<b>Rank</b>
Larch Hills Nordic Society	113	1
Sovereign Lake Nordic Club	82	2
Telemark Cross Country Ski Club	73	3
Hollyburn Jackrabbits Ski Club	41	4
Bulkley Valley Cross Country Ski Club	37	5
Black Jack Cross Country Ski Club	27	6
Overlander Ski Club	22	7
Whistler Nordic Ski Club	16	8
Strathcona Nordic Ski Club	13	9
Kimberley Nordic Ski Club	8	10
Revelstoke Nordic Ski Club	7	11
Nordic Racers	6	12
Omineca Ski Club	5	13
UBC Nordic Ski Club	4	14
100 Mile Nordics	3	15
Nickel Plate Cross Country Ski Club	1	16

Number of Clubs that accumulated points at the BC Championships:

2010-11	16
2009-10	12
2008-09	15
2007-08	17
2006-07	16
2005-06	16
2004-05	20
2003-04	21
2002-03	17
2001-02	21
2000-01	18
1999-00	19
1998-99	14

# 2011 BC Midget Championships

The BC Midget Championships Club Trophy recognizes the achievements of club teams at the BC Midget Championships. Point totals for 2011 are as follows:

## CLUB AGGREGATE TROPHY

Club	Total Points	Place
Hollyburn Jackrabbits	226	1
Larch Hills Ski Club	107	2
Telemark Cross Country Ski Club	105	3
Whistler Nordic Ski Club	76	4
Strathcona Nordic Ski Club)	64	5
Bulkley Valley Cross Country Ski Club	60	6
Sovereign Lake Nordic Club	54	7
Spud Valley Nordic Club	51	8
Revelstoke Nordic Ski Club	28	9
Overlander Ski Club	21	10
Omineca Ski Club	9	11
Whitehorse Cross Country Ski Club	7	12
Squamish Nordic Ski Club	2	13

## “BEST TECHNIQUE” AWARDS (alphabetical order)

### Classic

Aiden Oliphant	Sovereign Lake Nordic Club
Benita Peiffer	Whistler Nordic Ski Club
Chloe Hetherington	Hollyburn CC Ski Club
Jennifer Lafreniere	Whistler Nordic Ski Club
Scot McKinnon	Telemark CC Ski Club

### Free

Grayson McKinnon	Telemark CC Ski Club
Hamish Woods	Bulkley Valley CC Ski Club
Hannah Mehain	Sovereign Lake Nordic Club
Ian Williams	Telemark CC Ski Club
Rachel May	Larch Hills Nordic Society

## RECRUITMENT TO COMPETITIVE SKIING INITIATIVE (RCSI)

<b>Initiative</b>	<b>2003-04</b>	<b>2004-05</b>	<b>2005-06</b>	<b>2006-07</b>	<b>2007-08</b>	<b>2008-09</b>	<b>2009-10</b>	<b>2010-11</b>
Ski Tournaments	330	521	844	427	503	307	608	397
Partners Two 2010	0	141	N/A	N/A	N/A	N/A	N/A	N/A
Beckie Scott Day	361	0	N/A	N/A	N/A	N/A	N/A	N/A
Midget Championships	120	134	129	150	119	140	176	180
Team Sprints	-	-	-	179	102	191	159	268
Double Cross	-	-	-	171	52	47	98	153
Other	0	115	0	-	-	-	-	-
<b>Totals</b>	<b>811</b>	<b>911</b>	<b>973</b>	<b>927</b>	<b>776</b>	<b>685</b>	<b>1041</b>	<b>998</b>

<b>Racing Rocks! Participation Summary</b>													
<b>Year</b>	<b>Yu</b>	<b>NWT</b>	<b>BC</b>	<b>Ab</b>	<b>Sask</b>	<b>Man</b>	<b>Ont</b>	<b>Que</b>	<b>NS</b>	<b>NB</b>	<b>PEI</b>	<b>Nfld</b>	<b>Total</b>
2001/02	0	0	0	0	0	0	0	0	0	0	0	0	0
2002/03	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	2883
2003/04	11	20	811	72	106	224	633	537	21	105	14	270	2824
2004/05	50	0	911	395	0	139	958	459	45	42	21	244	3264
2005/06	130	0	973	130	0	90	716	375	15	0	0	90	2519
2006/07	97	130	927	405	108	77	###	324	0	123	0	330	3833
2007/08	110	32	776	292	0	94	732	286	0	0	0	372	2694
2008/09	185	42	685	407	0	94	890	243	0	104	0	226	2876
2009/10	185	0	###	298	0	75	887	299	0	153	0	425	3372
2010/11	145	0	998	690	179	100	682	340	0	281	0	196	3611
2011/12													
2012/13													
2013/14													
Total Participation to													
Date													27,876

Midget Championship numbers included in Racing Rocks participation totals.

## CCC License Holders by Province

DIVISION	99-00	00-01	01-02	02-03	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11
ALTA	82	62	76	83	94	98	109	137	144	150	140	184
BC	64	52	48	55	53	78	92	122	146	142	136	155
MAN	13	8	11	10	3	3	6	16	19	16	22	22
NB	7	21	28	25	22	8	7	11	6	6	11	14
NFLD	19	11	8	19	10	14	8	13	18	15	24	19
NS	7	3	11	16	12	4	8	10	4	1	8	14
NWT	8	9	7	10	10	9	11	21	12	11	18	12
ONT	185	136	139	209	212	205	242	249	245	285	260	298
PEI	0	4	4	5	0	0	3	2	1	0	0	0
QUE	80	64	56	97	89	96	147	184	206	210	194	189
SASK	16	18	14	18	4	14	12	30	17	13	13	21
YUK	12	9	11	16	10	13	20	19	18	20	36	23
<b>TOTAL:</b>	<b>493</b>	<b>397</b>	<b>413</b>	<b>563</b>	<b>519</b>	<b>542</b>	<b>665</b>	<b>814</b>	<b>836</b>	<b>869</b>	<b>862</b>	<b>951</b>

## CCC License Holders by BC Club

Club	2005-06	2006-07	2007-08	2008-09	2009-10	2010-11
Arrow Lakes CC Ski Club	0	0	0	0	1	0
Black Jack CC Ski Club	3	5	6	9	10	13
Bulkley Valley CC Ski Club	13	21	21	10	7	12
Caledonia Nordic Ski Club	1	3	6	9	6	7
Golden Nordic Ski Club	0	0	2	3	3	3
Hills Nordic Ski Club	1	1	1	0	0	0
Hollyburn Jackrabbit Ski Club	7	6	10	15	12	15
Kimberley Nordic Ski Club	3	4	6	5	7	6
Larch Hills Ski Club	2	4	8	10	11	16
Nechako Nordics	0	1	0	0	0	1
Nelson Nordics	1	0	6	4	5	2
Nickel Plate	0	0	0	1	1	0
Nordic Racers	4	9	12	8	12	7
Omineca Ski Club	6	7	9	8	7	5
100 Mile Nordics	0	2	1	1	1	2
Overlander Ski Club	7	6	4	1	3	7
Revelstoke Nordic Ski Club	0	0	0	0	2	5
Snow Valley Nordic Ski Club	1	1	4	0	0	0
Sovereign Lake Nordic Club	14	18	17	30	19	14
Spud Valley Nordic Association	2	1	0	1	0	0
Strathcona Nordic Ski Club	17	16	14	16	14	16
Telemark CC Ski Club	1	14	11	7	7	11
UBC Nordics	6	0	4	3	6	8
Whistler Nordic Ski Club	1	2	4	1	2	5
Williams Lake Nordic Ski Club	0	1	0	0	0	0
<b>TOTAL</b>	<b>92</b>	<b>122</b>	<b>146</b>	<b>142</b>	<b>136</b>	<b>155</b>

**CROSS COUNTRY BC**  
**NUMBER OF PARTICIPANTS IN 2010-11 COMPETITIONS**

<b>DATE</b>	<b>EVENT</b>	<b>LOCATION</b>		<b>Olympic Style</b>	<b>Loppet Style</b>
Nov 27-28	Dawn Mountain Challenge	Golden	Day One	23	
			Day Two	33	
Dec 11	Coast Cup #1	Callaghan Valley		121	
Dec 11-12	Nor Ams	Vernon	Day One	231	
			Day Two	236	
Dec 12	Omineca Sprint Challenge	Burns Lake	<b>CANCELLED</b>		
Dec 16-19	Nor Ams	Rossland	Day One	150	
			Day Two	151	
			Day Three	151	
Jan 8	Coast Cup #2	Callaghan Valley		122	
Jan 8-9	Kootenay Cup #1 & 2	Rossland	<b>CANCELLED</b>		
Jan 9	Chris Dahlie Open	Smithers		75	
Jan 9	Coast Cup #3	Callaghan Valley		??	
Jan 15	Reino Keski Salmi Loppet	Salmon Arm			445
Jan 15-16	BC Cup # 1	Prince George	Day One	124	
			Day Two	163	
Jan 22-23	Nipika/Toby Creek Nordic Loppet	Invermere	Day One		179
			Day Two		106
Jan 22	Snow Valley Open	Kitimat		20	
Jan 23	Omineca Open	Burns Lake		56	
Jan 23	Hallis Lake Loppet	Quesnel			57
Jan 23	Silver Star 75	Vernon		87	
Jan 29	Raft Mtn Nordic Relay	Clearwater		??	
Jan 30	Kelowna Apple Loppet	Kelowna	<b>CANCELLED</b>		
Jan 30	Bull Mountain Blast	Williams Lake		41	
Jan 30	Kootenay Cup #4	Nelson		103	
Jan 30	Bulkley Valley Open	Smithers		67	
Jan 30	Huckleberry Loppet	Golden			98
Feb 4-6	Haywood NorAms/Western Cdn/BC Cup #2	Kelowna	Day One	280	
			Day Two	398	
			Day Three	463	
Feb 6	Spud Valley Loppet	Pemberton			103
Feb 12	Cariboo Marathon	100 Mile House			160
Feb 12	Finlay Blizzard Challenge	Mackenzie	<b>CANCELLED</b>		
Feb 12	Nechako Nordic Open	Vanderhoof		??	
Feb 12	Nickel Plate Loppet	Penticton			148
Feb 12	Team Scream Relay	Revelstoke		98	
Feb 12	Kootenay Cup	Kimberley		84	
Feb 12	Coast Cup #4 & 5	Mt Washington	Day One	80	
			Day Two	75	
Feb 12-13	Bulkley Valley Marathon	Smithers	Day One		142
			Day Two		36
Feb 13	Tips Up Cup	Vernon		86	
Feb 19-20	BC Championships	Kamloops	Day One	351	
			Day Two	330	
Feb 26	P'ayakentsut Loppet	Callaghan Valley			536
Feb 26	Snow Valley Marathon	Kitimat			53

**CROSS COUNTRY BC**  
**NUMBER OF PARTICIPANTS IN 2010-11 COMPETITIONS pg 2**

<b>DATE</b>	<b>EVENT</b>	<b>LOCATION</b>		<b>Olympic Style</b>	<b>Loppet Style</b>
Feb 26	Kootenay Cup	Rossland		70	
Feb 27	Black Jack Loppet	Rossland			112
Feb-27	Caledonia Loppet	Prince George			111
Mar 3-11	Masters World Cup	Vernon		1134	
Mar 5-6	Midget Championships	Callaghan Valley	Day One - IS	176	
			Day One - Relay	172	
			Day Two	144	
Mar 6	Rendezvous Loppet	Fort Nelson			??
Mar 6	The Lakes Loppet	Burns Lake			??
Mar 12	Sovereign Lake Loppet	Vernon			306
Mar 27	Vancouver Island Loppet	Mt Washington			114

<b>Total Number of Participants in Olympic Style Races</b>	<b>5895</b>	
<b>Total Number of Participants in Loppet Style Events</b>		<b>2706</b>

**Comparison of Previous Years Statistics:**

<b>2009/10</b>	<b>5382</b>	<b>2081</b>
<b>2008/09</b>	<b>4566</b>	<b>2595</b>
<b>2007/08</b>	<b>7040</b>	<b>2355</b>
<b>2006/07</b>	<b>5711</b>	<b>2339</b>
<b>2005/06</b>	<b>4593</b>	<b>2074</b>
<b>2004/05</b>	<b>4516</b>	<b>731</b>
<b>2003/04</b>	<b>3758</b>	<b>2805</b>
<b>2002/03</b>	<b>3959</b>	<b>2166</b>
<b>2001/02</b>	<b>4573</b>	<b>3278</b>
<b>2000/01</b>	<b>4077</b>	<b>3115</b>
<b>1999/00</b>	<b>3633</b>	<b>2917</b>
<b>1998/99</b>	<b>4428</b>	<b>2764</b>
<b>1997/98</b>	<b>3144</b>	<b>2238</b>
<b>1996/97</b>	<b>1827</b>	<b>2921</b>

**2010-11**

**YEAR END REPORT**



**Cross Country BC**

**Financial**



**CROSS COUNTRY BC  
FINANCIAL STATEMENT, 2010-11**

March 31/11

**Revenues**

BC Government Grants		244,153
Contribution Agreement	229,153	
Other (WSDG)	15,000	
CCBC Programs		178,237
Athlete Development	147,098	
Competitions	2,945	
Coaching Development	24,885	
Officials Development	3,309	
Club Development	0	
Marketing & Fundraising		20,185
BC Gaming Commission		21,300
Membership Fees		160,610
Donations		159,125
CCC Grants (NDC, AWAD)		68,575
Other		<u>14,487</u>
<b>Total Revenues</b>		<b>\$866,672</b>

**Expenses**

Programs		401,643
Athlete Development	318,360	
Coaching Development	34,229	
Officials Development	2,594	
Competitions	6,536	
Sport Promotion/Marketing	25,724	
Club Development	14,200	
Administration (staff, insurance)		198,566
Donations		159,125
Membership Fees		75,730
Coaching Staff		<u>33,830</u>
<b>Total Expenses</b>		<b>\$868,893</b>

## CROSS COUNTRY BC BUDGET, 2011-12

April 1/11

### Revenue

Government Support		230,000
Provincial Government Grant	211,000	
Other	19,000	
CCBC Programs		191,800
Athlete Development	156,200	
Coaching Development	18,500	
Officials Development	4,200	
Club Development	0	
Competitions	12,900	
Marketing & Fundraising		25,700
BC Gaming Commission		28,000
CCC NDC Funding		90,000
Membership Fees		155,000
Donations		50,000
Other		12,000
<b>Total Revenues</b>		<b>\$782,500</b>

### Expenses

Programs		445,820
Athlete Development	347,720	
Coaching Development	35,100	
Officials Development	8,000	
Club Development	15,000	
Competitions	14,600	
Sport Promotion/Marketing	25,400	
Administration (staff, insurance)		231,550
Membership Fees		82,250
Coaching Staff		21,000
<b>Total Expenses</b>		<b>\$780,620</b>

Financial Statements of

**CROSS COUNTRY BC**

Year ended March 31, 2010



# CROSS COUNTRY BC

## Statement of Financial Position

March 31, 2010, with comparative figures for 2009

	2010	2009
<b>Assets</b>		
Current assets:		
Cash	\$ 73,537	\$ 86,849
Accounts receivable	20,146	17,786
Inventories	42,832	-
	<u>136,515</u>	<u>104,635</u>
Capital assets (note 2)	23,487	40,248
	<u>\$ 160,002</u>	<u>\$ 144,883</u>

## Liabilities and Net Assets

Current liabilities:		
Accounts payable and accrued liabilities	\$ 12,000	\$ 31,674
	<u>12,000</u>	<u>31,674</u>
Net assets:		
Unrestricted	124,515	72,961
Invested in capital assets	23,487	40,248
	<u>148,002</u>	<u>113,209</u>
Commitments (note 3)		
Contingencies (note 4)		
	<u>\$ 160,002</u>	<u>\$ 144,883</u>

See accompanying notes to financial statements.

On behalf of the Board:

\_\_\_\_\_ Director

\_\_\_\_\_ Director

# CROSS COUNTRY BC

## Statement of Financial Activity

Year ended March 31, 2010, with comparative figures for 2009

	2010	2009
Revenues:		
Programs	\$ 245,549	\$ 183,465
Grant revenue	170,758	177,175
Sports development grants	127,500	127,500
BC Gaming Commission	7,623	78,133
Marketing and fundraising	24,074	25,275
Memberships	152,500	142,245
Donations	57,265	47,280
Other revenue	7,434	10,083
	<u>792,703</u>	<u>791,156</u>
Expenses:		
Administration	113,127	117,782
Administration centre	59,823	74,344
Athlete development	221,906	264,637
Club development	-	1,310
Coaches	50,950	52,495
Coaching development	45,586	64,427
Competitions	11,071	4,098
Division	62,256	56,964
Donations	57,265	47,280
Officials development	5,345	2,629
Performance centre coach	89,435	73,836
Sport promotion	26,174	31,352
	<u>742,938</u>	<u>791,154</u>
Excess of revenues over expenses before the following	49,765	2
Other revenues (expenses):		
Loss on disposal of capital assets	(3,384)	(2,575)
Loss on write-down of capital assets	(1,500)	-
Amortization of capital assets	(10,088)	(11,027)
	<u>(14,972)</u>	<u>(13,602)</u>
Excess (deficiency) of revenues over expenses	\$ 34,793	\$ (13,600)

See accompanying notes to financial statements.

# CROSS COUNTRY BC

## Statement of Changes in Net Assets

Year ended March 31, 2010, with comparative figures for 2009

	Unrestricted	Invested in capital assets	2010 Total	2009 Total
Net assets, beginning of year	\$ 72,961	\$ 40,248	\$ 113,209	\$ 126,809
Excess (deficiency) of revenues over expenses	49,765	(14,972)	34,793	(13,600)
Transfer from invested in capital assets	1,789	(1,789)	-	-
Net assets, end of year	\$ 124,515	\$ 23,487	\$ 148,002	\$ 113,209

See accompanying notes to financial statements.

# CROSS COUNTRY BC

## Statement of Cash Flows

Year ended March 31, 2010, with comparative figures for 2009

	2010	2009
Cash provided by (used in):		
Operations:		
Excess (deficiency) of revenues over expenses	\$ 34,793	\$ (13,600)
Items not involving cash:		
Amortization	10,088	11,027
Loss on disposal of capital assets	3,384	2,575
Loss on write-down of capital assets	1,500	-
	<u>49,765</u>	<u>2</u>
Changes in non-cash operating working capital:		
Increase in accounts receivable	(2,360)	(17,786)
Increase in inventories	(42,832)	-
Increase (decrease) in accounts payable and accrued liabilities	(19,675)	28,424
	<u>(15,102)</u>	<u>10,640</u>
Investments:		
Proceeds from disposal of capital assets	2,350	-
Additions to capital assets	(560)	(7,636)
	<u>1,790</u>	<u>(7,636)</u>
Increase (decrease) in cash position	(13,312)	3,004
Cash position, beginning of year	86,849	83,845
Cash position, end of year	<u>\$ 73,537</u>	<u>\$ 86,849</u>

See accompanying notes to financial statements.





**BRITISH  
COLUMBIA**

**Ministry of Community, Sport and  
Cultural Development**

**Cross Country BC is the Provincial Sport Organization for cross  
country skiing within the province of British Columbia.**

**We gratefully acknowledge the financial support of the Province of British  
Columbia through the Ministry of Community, Sport and Cultural Development,  
with the support of 2010 Legacies Now.**