

# Regional Camp Program Northern



# Teck

A total of 57 athletes attended the Teck Northern Regional camp on Dec 14-16, 2012 at the Bulkley Valley Nordic Centre in Smithers, BC. Athletes travelled from as far away as Prince George (East) and Kitimat (West). During the camp athletes were able to focus on technique, work on team building and eat gourmet meals! The camp was a huge success and showcased a special ski orienteering challenge as well as a relay involving many non-ski related challenges mixed with skiing. The camp finished off with a full-on kings court sprint race, allowing athletes to race three heats. This camp was a key contributor for working towards the goal of strengthening the northern ski community, all the athletes are much more familiar with their peers and new friendships were formed.



Coach Chris Werrell would like to extend a thank you to TECK, the title sponsor for the camp. To all the volunteers, parents, and coaches Thanks! They are the ones that made this event a great success. Without the help from all parties, this camp wouldn't have been such a huge success!



Cross Country BC, the provincial sport governing body for cross-country skiing in British Columbia is a non-for-profit, club-based organization of more than 16,000 members. Cross Country BC offers programs and services to support the continuous development of cross-country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Ltd. is the title sponsor of Cross Country BC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future. For more information on Cross Country BC, please visit [www.crosscountrybc.ca](http://www.crosscountrybc.ca)