

# Strathcona Nordic Ski Club



**Midget Championships**

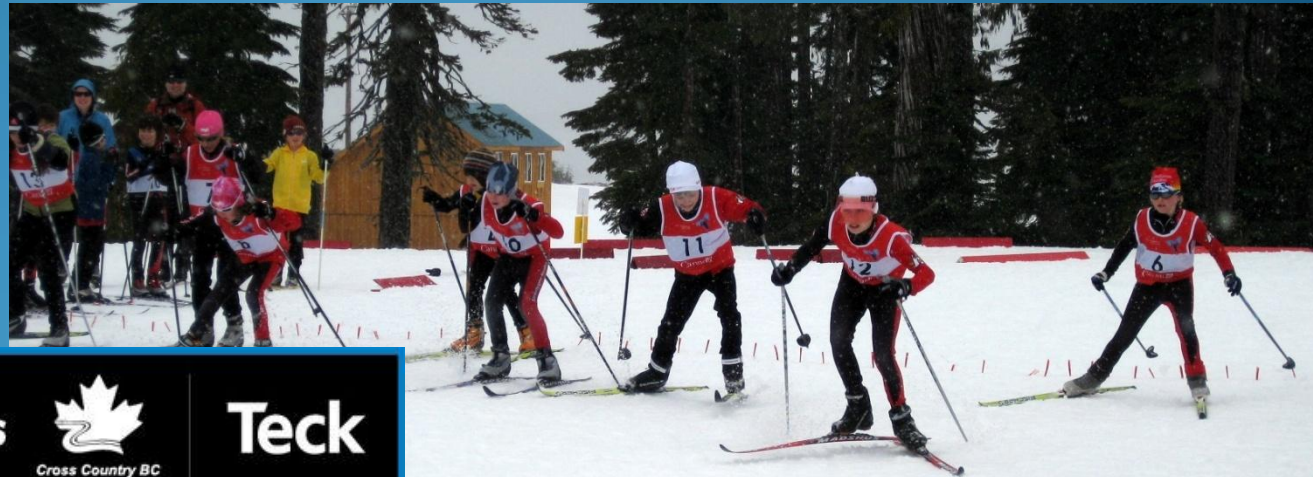
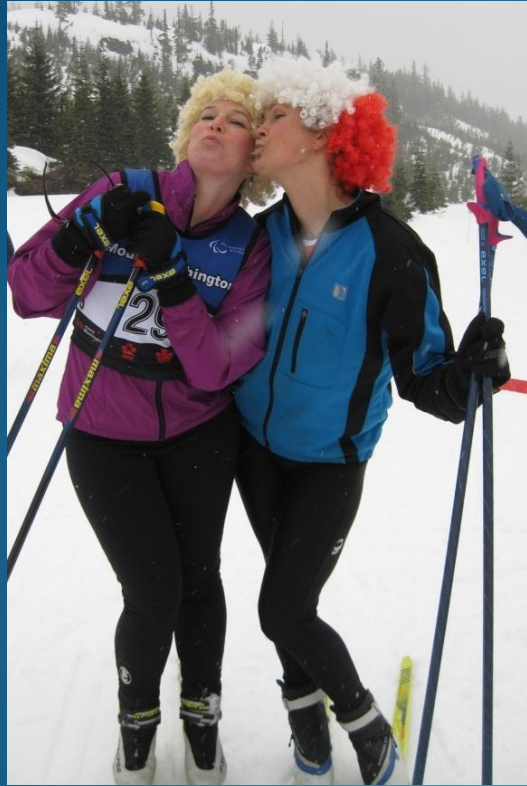


Cross Country BC

**Teck**

**February 7- 8, 2015**

# Fun!



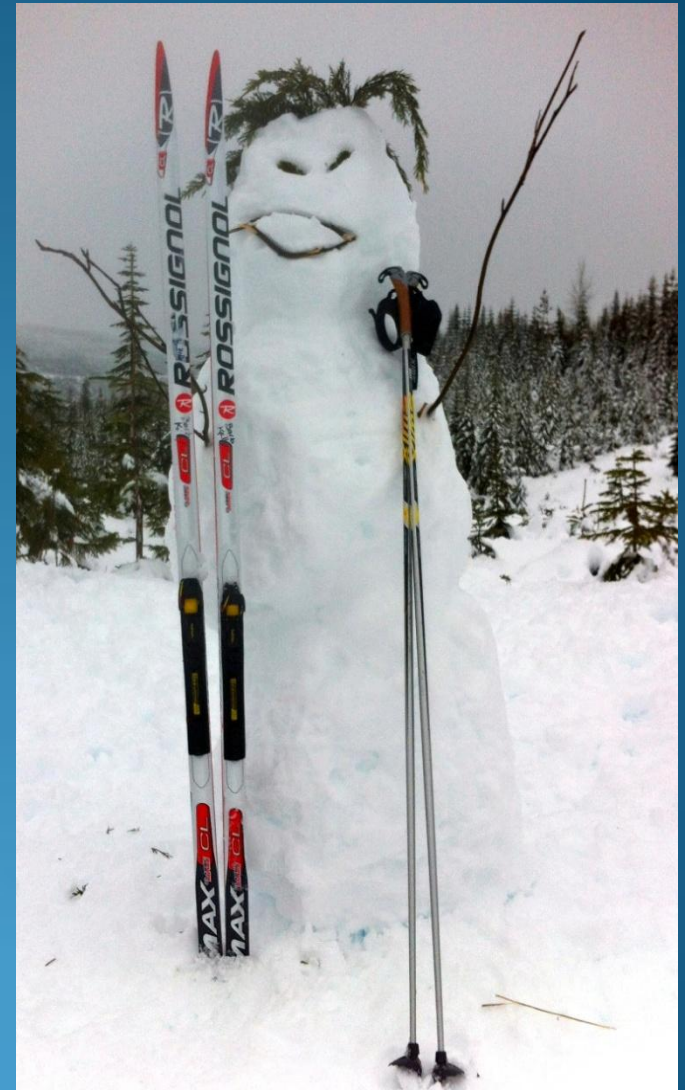
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# Friendly!



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# Excited to be your host !!



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# Event schedule:

**Friday Feb 6:** travel & arrivals

**Saturday Feb 7:** Interval Start & Relay + Banquet

**Sunday Feb 8:** Sprints!

**Monday Feb 9:** BC Family Day – explore - travel home



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# Facilities:

(operated by Mount Washington Alpine Resort)



Raven Nordic Lodge: 10,000sq ft, restaurant, retail, rentals, lockers, showers, sauna, waxing (6 benches) + external power.

55km ski trails  
cross country & biathlon stadium  
2km lit trails, lift access trails  
Strathcona Provincial Park



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# Travel Info:



BC ferries: (1.5 hr cruise!) [www.bcferrries.com](http://www.bcferrries.com)

Horseshoe Bay West Vancouver to Departure Bay - Nanaimo or  
Tsawassen to Duke Point - Nanaimo

Travel north from Nanaimo via Island Highway

Courtenay: 107 km (1:15)

Mount Washington: 132 km (1:45)

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# Accommodation options: Stay on the Mountain



Vancouver Island Mountain Sport Centre

(next to the stadium): group accommodation and kitchen for ~\$34/night/pp

<http://www.vimountaincentre.com>

Mount Washington Village – chalets, condo's, suites

<http://www.mountwashington.ca/accommodations>

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# Van. Isl. Mountain Centre



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or stay in the Comox Valley:  
Comox, Courtenay or Cumberland

Tourism Comox Valley <http://www.discovercomoxvalley.com/>

Tourism Vancouver Island <http://www.tourismvi.ca/>

(Banquet will be down in the Comox Valley)

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# Travel tip:

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save on local accommodations and ferry fare by booking a vacation package

[www.bcferriesvacations.com](http://www.bcferriesvacations.com)

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Stay tuned for more information on accom options / packages and group rates. Coming in fall 2014.

For more information contact:  
info@ strathconanordics.com  
[www.strathconanordics.com](http://www.strathconanordics.com)



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**See you in February 2015 !**



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