Teck Okanagan Camp Smashes Attendance Records November 25, 2013 FOR IMMEDIATE RELEASE

(Vernon, BC) – Cross Country BC clubs and coaches have a new record to chase. The Teck Regional Snow Camp, held in Vernon, BC and hosted by Larch Hills Nordic Society (Salmon Arm) and Telemark Nordic Ski Club (Kelowna) had 118 athletes participating from across the Okanagan region.

"It's really great, if not a bit chaotic, to have so many athletes participating in this camp," said head coach Adam Elliot, "We have great representation and the kids are really getting to know each other well. It's a great way to start the season."

Athletes between the ages of 8 and 17 took to the trails, some for the first time this winter. The camp was focused on learning good ski technique. All of the activities were adjusted to meet the needs of the athletes, based on age and ability.

The next gathering of Okanagan skiers will be on December 29, when Revelstoke hosts the first Teck Okanagan Cup event.

Cross Country BC, the provincial sport governing body for cross-country skiing in British Columbia is a non-for-profit, club-based organization of more than 17,000 members. Cross Country BC offers programs and services to support the continuous development of cross-country skiing for all ages and abilities, from introductory experiences to international excellence. Teck Resources Ltd. is the title sponsor of Cross Country BC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future. For more information on Cross Country BC, please visit

www.crosscountrybc.ca.



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