

November 25th, 2014
FOR IMMEDIATE RELEASE

It's go time: Okanagan Skiers ready to Race

(Silver Star Resort, BC) – The always amazing Silver Star ski area proved to be a favourite yet again amongst the Okanagan's best young cross country skiers. Ample snow, seasonal temperatures and a great attitude made this camp a huge success.

With 56 athletes and 13 coaches in attendance, the athletes couldn't have received better support. Clubs from Revelstoke, Kelowna, 100 Mile House, Penticton and Vancouver were all represented. Although camp organizers were unsure as to how the early season conditions would be, head coach, Adam Elliot, stated that *"there was lots of snow; too much sometimes."* Aside from skiing each day, the camp consisted of the 4 Elements of Fun: Ski Ultimate, Snow Ball Biathlon, Team Obstacle Race Course and Slalom Race and a sprint race right in the Silver Star village! The group was also treated to a presentation by Telemark Ski Club's own Gareth Williams and David Walker about the CCBC training camp system and what it takes to become a successful athlete.



Skiers happy at the summit! 1915m.



Organizers of the camp would like to thank the coaches, helpers and Teck Resources Limited for their support last weekend.

For more information, please contact:

Cross Country BC

Dudley Coulter

250-545-9600

adcoord@crosscountrybc.ca

Telemark Nordic Ski Club

Adam Elliot

250-859-8464

coachadam@telemarkracers.org



Teck

