

COMOX VALLEY RECORD



Strathcona Nordics in top form



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Last weekend, Strathcona Nordics racers enjoyed two days of fast races in Kamloops at the BC Cup #2. A team of 20 Vancouver Island cross-country ski racers, ranging in age from 11 to adult masters, travelled to the Interior with their coaches and support crew, and they met with fantastic results.

Head coach Dave Battison says, "BC Cup #2 was one of our best races in the past few years. The athletes were very strong and technically ready. I was very proud of our entire squad. Overall, it was a great weekend of tough racing."

The team brought a total of nine medals back to the island. In classic technique racing Stephen Lamon - bronze, Tallon Noble - gold, Alec Stapff - silver, Avalon Wasteney - gold, and Marilyn Atkinson - bronze. In skate technique races, Tallon Noble - gold, Alec Stapff - silver, Lynn Swift - silver, and Marilyn Atkinson - bronze. Many athletes on the squad also enjoyed top 10 finishes and personal bests.

You can learn more about the Strathcona Nordics recreational and racing programs on their website StrathconaNordics.com.

- Strathcona Nordics

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