

# SPORTS

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## SUPERBOWL Classic matchup too close to call

### THE ASSOCIATED PRESS

That old maxim about defences winning championships was being spread on pretty heavily during Super Bowl week.

By the Broncos, of all teams.

Yes, the very same AFC champions who tore up the league with a record 606 points, 55 touchdowns coming off Peyton Manning's arm, have been touting how strong their defence has become.

Measure it against Seattle's unit, which allowed a very miserly 231 points and ranked first against the pass and in overall D, and the Broncos would seem to be whistling a hollow tune.

But linebacker Danny Trevathan, a breakout player in his second NFL season, sees plenty of greatness in his defence, too.

"Oh yeah. You are supposed to have that attitude," Trevathan said. "On defence you're not supposed to let guys push you over. You are supposed to be the aggressor on defence and you are supposed to have that attitude. I think that is what makes playing defence so passionate to me."

It's also that classic matchup that so excites fans, media and, yes, players. The Seahawks can't wait for the chance to test themselves against Manning, seeking his second ring in an almost-certain Hall of Fame career.

"It's going to be a great challenge," middle linebacker Bobby

Wagner said. "They're talented all across the board. They protect Peyton well and they run the ball well."

Expect both sides to be very ready. Denver (15-3, No. 2 in the AP Pro32) is a 2 1-2-point favourite over Seattle (also 15-3, but top-ranked in the AP Pro32).

The main reason for that spread: In the points-crazed NFL, fans who bet early dive headfirst into the offence. With their wallets open.

Plus, the biggest star in this game, and pretty much any time he is in uniform, is Manning. That draws more support for the Broncos.

But not here.

Pro Picks sees the Seahawks' quick, relentless and heady defence putting more pressure on Manning than he has seen all season. Yes, he's been sacked only 20 times, and he might not go down a whole bunch in the Jersey Meadowlands on Sunday. But he will be forced to throw before he wants to or before his four outstanding receivers - Demaryius Thomas, Wes Welker, Eric Decker and tight end Julius Thomas - shake free from the tight coverage of the NFL's best secondary led by All-Pros Richard Sherman and Earl Thomas.

Seattle also brings the heat with the deepest rotation of linemen in the league, and some savvy, versatile linebackers. The Seahawks don't take their foot off the gas, either.

SEAHAWKS, 23- BRONCOS 21



## Kootenay Lake Levels

January 30, 2014

For the benefit of Kootenay Lake area residents, the following lake levels are provided by FortisBC as a public service.

**Queen's Bay:** Present level: 1742.40 ft.  
7 day forecast: Down 6 to 8 inches.  
2013 peak: 1749.42 ft. / 2012 peak: 1753.78 ft.

**Nelson:** Present level: 172.22 ft.  
7 day forecast: Down 6 to 8 inches.

Levels can change unexpectedly due to weather or other conditions. For more information or to sign-up for unusual lake levels notifications by phone or email, visit [www.fortisbc.com](http://www.fortisbc.com) or call 1-866-436-7847.

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Come out and support these skiers at the Teck Kootenay Cup on Feb 2, 2014 at the Apex-Busk Ski Trails. For start times and more information, visit <http://www.nelsonnordicski.ca/>

For more information on Cross Country B.C.'s skier development program go to [www.crosscountrybc.ca](http://www.crosscountrybc.ca)

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