

COMOX VALLEY RECORD



Strathcona Nordic Devos medal at B.C. Midget championships



By Comox Valley Record

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The Strathcona Nordics Devo race team travelled to the Teck B.C. Midget Championships at Larch Hills in Salmon Arm on Feb. 8-9.

In this competition for cross-country ski racers aged nine to 13 years old, the team finished in third place overall in a field of 16 teams.

Assistant coach Laura Johnston says, "It was a fantastic result for our club considering that we only had, at most, eight training sessions on snow for this season and the kids were skiing in chilly -14 degree weather."

The team was made up of 26 young racers from Vancouver Island, and the coaches say all their racers performed very well. In competition results, in the 2K classic technique event Emmy Staff (Campbell River) and Hugo Henckel (Courtenay) both won silver medals.

In the 300M skate technique sprint event Stephen Lamon (Comox) won gold, Amelia Wells (Saanich) won silver, and Carson Damery (Comox) and Hugo Henckel (Courtenay) both earned fifth-place ribbons in their categories.

In the team relay races, the Devos had four teams of boys and two teams of girls in the 4x1.5K relay race. Naomi Swift (Comox) and Stephen Lamon (Comox) both earned special awards for their skate technique.

You can learn more about the Strathcona Nordic Ski Club on their website. StrathconaNordics.com.

- Strathcona Nordic Ski Club

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