

# Coast Cup



# Teck

## Mt. Washington Hosts the 2023 Teck Coast Cup #2 & 3!

February 11, 12, 2023

**FOR IMMEDIATE RELEASE**  
(Courtenay, BC)



The Teck Coast Cup races #2 and #3 took place on Feb 11<sup>th</sup> and 12<sup>th</sup>, 2023 at Strathcona Nordic Ski Club at the beautiful Mt. Washington ski resort on Vancouver Island. Overcast skies and mild winter temperatures provided athletes with challenging waxing conditions resulting in some excellent racing.



Strathcona Nordics hosted the event. Racers from Vancouver Island Biathlon (Mt. Washington), Hollyburn Cross Country Ski Club (North Vancouver), Sea to Sky Nordic Ski Club (Squamish), Spud Valley Nordic Ski Club (Pemberton), Nordic Racers (Vancouver), Yellowknife Ski Club (Yellowknife, NWT) and as far away as Chile (Club Deportivo Cordillera) joined in the competition.

Skiers ranging in age from 3 to 71 years competed in the two days of racing. High overcast clouds provided glimpses of the glorious mountains of Strathcona Park, an excellent backdrop for the team sprint relay event. 171 racers paired up to compete in the team sprint free technique event. On day two, 153 racers put their fitness, technique and their team's wax expertise to the test in a mass start classic race.



The weekend of events concluded the Teck Coast Cup Series for the season, and the Teck Club Aggregate Award for the Coast Region was presented to the winner. This year the aggregate award went to the Hollyburn Cross Country Ski Club.





*Smiling competitors celebrating a fun ski.*

Complete results are available at <https://zone4.ca/race/2023-02-02/77604ff8/results>.

The races could not have happened without a large group of very dedicated coaches, waxers and volunteers. A huge thank you to all the people who made this a successful weekend!

A big THANK YOU to Teck Resources Limited for sponsoring this event!

For more information, please contact:

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*Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 27,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.*

*Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the for the future. For more information on Cross Country BC, please visit [www.crosscountrybc.ca](http://www.crosscountrybc.ca).*



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