

## Teck BC Championships hosted by Larch Hills Nordic Society, Salmon Arm, BC

### For Immediate Release

The Larch Hills Junior Race Team (<https://www.larchhillsskiteam.com/>) hosted the final event in the Teck BC Cup series, the 2024 Teck BC Championships. This event ran March 1st to March 3rd and included a classic technique Kings Court / elimination sprint event on Friday, an interval start free technique event on Saturday and concluded with a classic technique relay event on Sunday. Distances varied from 1.0 km for the youngest athletes to up to 11 km (3x3.75km) for masters competitors in the free technique event. The event was attended by 554 registered athletes, and over a hundred volunteers from the Larch Hills Nordic Society, the Larch Hills Junior Race Team and the community came out to put on the successful event. 27 clubs were represented at the Championships from BC (22), Ontario (1), Alberta (1), Yukon (1) and the USA (1).



1 Friday's U10 Boys sprints. Photo credit Brad Calkins

The six race, three event Teck BC Cup Series culminated in this weekend's championship as BC athletes accumulate points for aggregate trophies as well as an overall team trophy. The Hollyburn Cross Country Ski Club out of Vancouver won the overall trophy by two points, beating the host club Larch Hills Ski Society, making it the first time that the Coastal club has won the overall club trophy since the series began in 1980!



**2** Hollyburn Ski Club placed 1st overall for the team aggregate trophy for the 2023/24 season. Photo credit Brad Calkins

Snow was a concern for the Championships because it has been an unusual year for weather, but some new snow and slightly colder temperatures the week before made for good to excellent snow conditions during the event. Temperatures hovered around zero over the course of the weekend, with occasional blue skies, cloud and an hour of snow during racing. Waxing was a bit tricky with a mix of Klistor and hard wax ruling the day on Friday, and hard wax working for most teams on Sunday.



**3** The classic heats on Friday were very exciting to watch! Photo credit Brad Calkins





**4** Saturday's interval start skate event. Photo credit Brad Calkins

The final day of the Championships is a much anticipated and fun day for the athletes, coaches and parents alike. Costumes and fun team names are a must, and this year's relays didn't disappoint with 147 relay teams participating! The final relay of the day, the Open Women's event, was the deciding race that resulted in Hollyburn edging out Larch Hills for the first place, to capture the overall Club Trophy for the event. It was an exciting finish to the day.



**5** Starting the U14 Boys Relay event on Sunday. Photo credit Brad Calkins

The Championships event marks the end of the Teck BC Cup Series, but BC clubs will be sending their athletes to the Nordiq Canada Ski Nationals in Nakkertok from March 9-16.

Full race results are available at <https://zone4.ca/event/2024/teck-bc-champs/>. Year end aggregate results are available at <https://crosscountrybc.ca/2023-24-bc-cup-series-%E2%80%93-individual-aggregate-standings-0>.

A BIG Thank-you to our Title Sponsor Teck Resources Limited, and our local sponsors: Askew's Foods, Save-On-Foods, Stussi Sport, John's Ski Shack, Tim Hortons, Vella Radio, DeMille's Farm Market, Salmar Grand, H<sub>2</sub>O<sub>4</sub>U, Toliver Advertising and Design, and Starbucks. We are especially thankful for the many dedicated volunteers that contributed to a successful event.



6 Photo credit Brad Calkins

For more information, please contact:

Cross Country BC  
Jodi Romyn  
250-545-9600  
[office@crosscountrybc.ca](mailto:office@crosscountrybc.ca)

Larch Hills Nordic Society  
Brad Calkins  
250-517-7080  
[race@telemarknordic.com](mailto:race@telemarknordic.com)

*Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 25,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence. For more information on Cross Country BC, please visit [www.crosscountrybc.ca](http://www.crosscountrybc.ca).*

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**Teck**

