

RACE NOTICE – 2025 Teck BC Championships

RACE EVENTS:	Friday, February 28 th , 2025	11:00 am	Mass Start – Free Technique
	Saturday, March 1 st , 2025	10:00 am	Interval Start – Classic Technique
	Sunday, March 2 nd , 2025	10:00 am	Relay – Free Technique

LOCATION: [Telemark Nordic Centre](#), West Kelowna, BC

HOSTED BY: Telemark Nordic Club

EVENT WEB-SITE: <https://telemarknordic.com/teck-bc-championships-2025/>

RACE CONTACT: race@telemarknordic.com

SANCTIONED BY: Nordiq Canada and Cross Country BC

RULES: Competitions will be held in accordance with ICR-CCR (Canadian Competition Rules) Precisions 2023

<https://nordiqcanada.ca/wp-content/uploads/Nov-2023-ICR-CCR-NOV-with-precisions.pdf>

For more information about the Teck BC Cup Series please see the [Technical Guidelines](#)

COMPETITION COMMITTEE:

Chief of Competition:	Mike Edwards
Chief of Course:	James Williams
Chief of Stadium:	Deren Sentesy/David Lloyd
Chief of Timing:	Dean Sader
Competition Secretary:	Jillian Stamp
Event Chair:	Sandy Redman

JURY:

Technical Delegate (CCBC):	Dirk Rohde
Coach (CCBC):	Chris Manhard
Chief of Competition:	Mike Edwards

REGISTRATION: Registration and fee payment is on-line only at: <https://zone4.ca/register.asp?id=37727>

Event Participation Waiver must be completed as part of the on-line registration.

RACE ENTRY DEADLINE: Race entry deadline is: **Midnight PST Tuesday, February 25th, 2025**

LATE ENTRIES WILL BE ACCEPTED up until Wednesday, February 26th at 12 Noon PST and will be subject to a \$20 per race late entry fee. Also, late registrations will not be seeded. Please contact the Competition Secretary for assistance as the web registration will be closed/offline.

Relay team entry deadline is 12 noon, Saturday, March 1st, 2025

LICENCES:

Participants in all BC Cup Series races except the relays, participants registered in the U14 through to the Masters categories are required to hold a current FIS Licence, Nordiq Canada Race Licence, an Associate Race Licence or a Tier 2 Event Licence (formerly a SMDL). U12 and younger categories do not require a licence to compete but must be members in good standing of a Nordiq Canada affiliated club.

ALL participants in the relay must purchase a Tier 3 Event Licence regardless of whether they hold an FIS Licence, Nordiq Canada Race Licence, Development Licence, or Associate Race Licence. This license will only be valid for the competition day for which it is issued. It is required of all participants in a Tier 3 event, regardless of whether they hold a Nordiq Canada Race License, Development License, or Associate Race License. Administration: the licence fee will be automatically added to all race registrations on Zone 4 and the revenues sent directly to Nordiq Canada (the same as with the SMDL).

Biathletes and athletes from other Nordic disciplines must have a valid Nordiq Canada Racing Licence or Tier 2 Event Licence to compete.

SEEDING:

The most current Canada Points List will be used for the draw for categories U14 through Senior whereby the leading points holder will have the first position of the start grid/chevron. If two or more age categories of the same gender are skiing a common distance (for example, U18 boys and U20 Men) they will be seeded together using the current Canada Points List. These categories will be combined for the start list but separated for results and awards.

For competitors in Masters categories and U12 and younger categories will be grouped together by their age/gender category and the start order will be determined by a random draw. If any of these categories has large numbers of racers (e.g., 55 U12 Girls) the race organizing committee and Technical Delegate may, at their discretion, separate the category into the 2 distinct year of birth categories and use a random draw to determine order of start.

REFUNDS:

Refunds will only be issued for those competitors who withdraw from the event prior to the race entry deadline of midnight February 25th.

RELAY:

Each relay team is comprised of 3 skiers. There are 9 relay categories:

- U10 Boys (Age 9 & under)
- U10 Girls (Age 9 & under)
- U14 Boys (Age 10 to 13)
- U14 Girls (Age 10 to 13)
- U20 Men (Ages 14 to 19)
- U20 Women (Ages 14 to 19)
- Open Men: Senior & Masters Men
- Open Women: Senior & Masters Women
- ParaNordic (Sit & Standing, Male and Female)

Relay Rules:

- Younger skiers may ski on older age category relay team; however, the reverse is not permitted.
- A maximum of one female skier may compete on a male relay team or an unofficial male relay team, but not the reverse.

- An 'Official' relay team will have 3 team members from the same club. Club status is determined by (a) the Nordiq Canada Licence Policy (for licenced competitors) or (b) the first club that an individual registered with in a given season (for unlicenced competitors). Club Championship trophy points will not be awarded to unofficial teams.

Relay registration for re-registered athletes will be open on Sunday, February 22nd until 12 noon Saturday, March 1st.

The link to the no-fee, on-line relay registration will be e-mailed to all registered coaches and posted to zone4.

START LISTS: Start lists for each day of racing will be posted at the Telemark Chalet and available on-line at zone4.

COURSE MAPS: Course maps are available on the event [web-site](#).

RACE OFFICE: The event race office will be in a trailer adjacent to the Telemark lodge.

Hours are as follows:

- Thursday 1-4 pm
- Friday 8 am - 4 pm
- Saturday 8 am – 4 pm
- Sunday 8 am - 1 pm

BIB PICK-UP: Bibs for each day of racing will be distributed from the Race Office upon opening of race office.

AWARDS: Teck, a diversified resource company based in BC, is the title sponsor of the BC Cup series. Teck provides the awards for ages 15 and under. All U8 (7 & under) will receive a special Teck participant ribbon. Awards for ages 16 and over will be provided by Telemark. Each day's awards ceremony will occur directly after each day of racing at the race site, with the exception of Saturday's awards which will occur at the awards ceremony.

Teck BC Cup Series aggregate awards will be presented at the evening awards ceremony. Please see the Technical Package for more information on the aggregate awards.

College / University Aggregate Awards are sponsored by Stussi Sport.

For more information about this program please visit [CCBC web-site](#).



1st M/F: Rundle Impact Pole (MSRP \$460)

2nd M/F: Fischer 40L Athlete Gear Bag (MSRP \$230)

3rd Third prize M/F: LilliSport Ration Gold Race Gloves (MSRP\$125)

CLUB TROPHY: The BC Championships is also an annual club competition. Each participating CCBC club accumulates points and the club with the most points is awarded the Club Championship trophy. Points are awarded to the top 5 finishers on Friday & Saturday and the top 5 official relay teams on Sunday. See [Technical Guidelines](#) for complete details.

AWARDS CEREMONY: The awards for the Teck BC Cup Series aggregate awards, including the College/University aggregate, will be presented at the evening awards ceremony. Please see the Technical Package for more information on the aggregate awards.

The awards ceremony, offering desserts and refreshments, is at 6:30PM Saturday, March 1st at the **Emmanuel Church**, 2600 Hebert Road, West Kelowna. Doors open @ 5:30 PM and presentations begin at 6:30PM

Awards Ceremony tickets will be purchased online as part of the race entry process. The fee is \$10 per race and is not included in the registration fee itself.

Tickets must be picked up at the race office by end of day Saturday and will be distributed by club/team.

The Telemark Junior Race team will also be selling raffle tickets as a team fundraising activity.

CONCESSION: There will be a concession available.

Click here to [Pre-order](#) lunch for Friday and Saturday online.

SOUVENIR SHIRTS: Telemark race team member, Kira Aaserud, has designed souvenir t-shirts (\$23) and hoodies (\$53) for this event. These are available for purchase when you register on-line for the race in Zone4. Details and design photos are on the [event web-site](#). Youth and Adult sizes available.
Deadline to Order Feb 6, 2025

FACILITIES: There is a day lodge at the race site. In addition, one of the machine sheds will be available for shelter. Portable toilets will be located close to the stadium area.

TRAIL FEES: Trail fees will be waived for all competitors, coaches and assistant coaches on each race day and on the official training day, Thursday, February 27th.

WAX FACILITIES: Outdoor electrical outlets are available on the roadway leading from the parking lot to the stadium. Waxing is not permitted in the day lodge. Additional power will be made available from the 'old' groomer shed, located nearest to the Telemark chalet, however, it is on a first come, first 'plugged-in' basis. Teams are encouraged to bring portable generators and tents.

WAX TESTING: NO WAX TESTING ALLOWED on the course during the competition. Course closes 5 minutes prior to the start of the competition. A wax testing area will be designated near the biathlon area.

SKI WAXING PROTOCOL: Cross Country BC respectfully requests all coaches, wax technicians and parents abide by a self-governed protocol while waxing skis for athletes racing in the while waxing skis for identified events in British Columbia.

Please refer to the CCBC Wax Protocol relevant for Teck BC Cup events:

[CCBC Current Flouro Policy](#)

WEATHER: For trail and snow conditions or visit <http://telemarknordic.com/current-trail-conditions/>

CANCELLATION: A decision to cancel or move this race to a different venue, within the Okanagan Valley, will be made in consultation with the organizing committee, the Technical Delegate and Cross Country BC. Race fees are not refundable.

ACCOMMODATION: Please refer to our [web-site](#) for information that has been arranged at a discounted rate.



EVENT SPONSORS: This event has been made possible by a generous grant from ViaSport BC.



Additional event support provided by:



Save On & Nesters Market



RACE DISTANCES AND FEES:

CATEGORY	YEAR OF BIRTH	Fri, Feb 28 th Start: 11AM Mass Start Free Technique		Sat, March 1 st Start: 10AM Interval Start Classic Technique		Sun, March 2 nd Start: 10AM Relay (3 leg) Free Technique \$10 per person (\$30/team)
		Distance:	Fee:	Distance:	Fee:	
<u>U8 Boys</u> U8B-1 U8B-2 U8B-3	2019 2018 2017	1.0 km	\$10.00	1.0 km	\$10.00	U10 RELAY (Age 9 & under) 3 x 1.0 km
<u>U8 Girls</u> U8G-1 U8G-2U8G-3	2019 2018 2017	1.0 km	\$10.00	1.0 km	\$10.00	
<u>U10 Boys</u> U10B-1 U10B-2	2016 2015	1.5 km	\$12.00	1.5 km	\$12.00	
<u>U10 Girls</u> U10G-1 U10G-2	2016 2015	1.5 km	\$12.00	1.5 km	\$12.00	
<u>U12 Boys</u> U12B-1 U12B-2	2014 2013	2.5 km	\$15.00	2.5 km	\$15.00	U14 RELAY (Ages 10 - 13) 3 x 2.5 km
<u>U12 Girls</u> U12G-1 U12G-2	2014 2013	2.5 km	\$15.00	2.5 km	\$15.00	
<u>U14 Boys</u> U14B-1 U14B-1	2012 2011	3.75 km	\$18.00	5.0 km (2 x 2.5 km)	\$18.00	
<u>U14 Girls</u> U14G-1 U14G-2	2012 2011	3.75 km	\$18.00	5.0 km (2 x 2.5 km)	\$18.00	
<u>U16 Boys</u> U16B-1 U16B-2	2010 2009	10.0 km (2 x 5.0 km)	\$20.00	7.5 km (2 x 3.75 km)	\$20.00	U20 RELAY (Ages 14-19) 3 x 3.3 km
<u>U16 Girls</u> U16G-1 U16G-2	2010 2009	10.0 km (2 x 5.0 km)	\$20.00	7.5 km (2 x 3.75 km)	\$20.00	
<u>U18 Boys</u> U18B-1 U18B-2	2008 2007	10.0 km (2 x 5.0 km)	\$22.00	7.5 km (2 x 3.75 km)	\$22.00	
<u>U18 Girls</u> U18G-1 U18G-2	2008 2007	10.0 km (2 x 5.0 km)	\$22.00	7.5 km (2 x 3.75 km)	\$22.00	
<u>U20 Men</u> U20M-1 U20M-2	2006 2005	10.0 km (2 x 5.0 km)	\$25.00	7.5 km (2 x 3.75 km)	\$25.00	
<u>U20 Women</u> U20W-1 U20W-2	2006 2005	10.0 km (2 x 5.0 km)	\$25.00	7.5 km (2 x 3.75 km)	\$25.00	
<u>Open Men</u> U 23 Senior	2002-2004 1995-2002	10.0 km (2 x 5.0 km)	\$30.00	7.5 km (2 x 3.75 km)	\$30.00	OPEN RELAY (OPEN & MASTERS) 3 x 3.3 km
<u>Open Women</u> U23 Senior	2002-2004 1995-2002	10.0 km (2 x 5.0 km)	\$30.00	7.5 km (2 x 3.75 km)	\$30.00	
<u>Master Men</u> (10 year age categories)	1994 & earlier	10.0 km (2 x 5.0 km)	\$30.00	7.5 km (2 x 3.75 km)	\$30.00	
<u>Master Women</u> (10 year age categories)	1994 & earlier	10.0 km (2 x 5.0 km)	\$30.00	7.5 km (2 x 3.75 km)	\$30.00	
ParaNordic Sit Ski Men & Woman	Open	TBD	\$30.00	TBD	\$30.00	PN RELAY (SIT & STANDING)
ParaNordic Standing Men & Women	Open	TBD	\$30.00	TBD	\$30.00	