

**From:** Nancy-CCBC

**Sent:** Tuesday, September 11, 2018 1:44 PM

**To:** Doris Hausleitner ; Tony and Wendy Fiala ; Tony Chin ; Brian May ; Jamie Stirling ; Nicole Gazley ; Donna Flatman ; Jessica Heyes ; Andrea Stapff ; Andrew Casey ; Cory and Susanne Williamson ; Sheila Corbett ; Morna Fraser ; Ann Quarterman ; Travis Carter ; Matthew Smider ; Clark Weber ; Alexander Douglas ; Ghislain de Laplante ; Graeme Moore ; Lisa Perry ; Tim McGrady ; Darren Tamelin

**Cc:** Georgia Manhard

**Subject:** CCBC Technical Update for NCCP Coach Developers

## **CCBC Technical Update for NCCP Coach Developers**

Sovereign Lake Nordic Centre

Vernon, BC

### **Main Objectives – to update Coach Developers on:**

- *roller skiing and roller ski equipment trends for all stages (Fundamentals to T2C),*
- *their personal ski technique,*
- *skills for teaching technique to NCCP workshop participants (adult coaches of children 12 and under),*
- *games for effectively teaching technique to skiers T2T and younger, and*
- *ski equipment/preparation trends for all stages of development from AS up to T2C.*
- 

Is there anything in particular pertaining to the topics listed above that you want to ensure gets covered – especially with respect to roller skiing and ski equipment? There will be good opportunities at the clinic to ask specific questions, but it will be helpful to the presenters if they have an idea of where you think the gaps are and what you most want covered during the weekend. Feedback before September 20th would be appreciated.

**Date:** Nov 16-18, 2018

**Time:** start 6:30 pm Friday, 16th; end 2:00 pm Sunday, 18th

**Presenters/Instructors:** Chris Manhard, Graham Maclean, Eric de Nys

**Eligibility:** active NCCP Coach Developers (LFs/Evaluators); BC residents

**Registration fee:** none

**Trail fees:** responsibility of the participant (SLNC discount)

**Accommodations:** to be coordinated and paid for by Cross Country BC

If you find that you are now available to attend this workshop or said you could and now cannot, please let me know asap.

Kindest regards,

---

**NANCY BEAUMONT | PROGRAM COORDINATOR**

**Coaching Development | Officials Development**  
**CROSS COUNTRY BC**

#106 – 3003 – 30<sup>th</sup> Street, Vernon, BC Canada V1T 9J5  
T: 250.545.9600 | E: [programs@crosscountrybc.ca](mailto:programs@crosscountrybc.ca)  
W: [www.crosscountrybc.ca](http://www.crosscountrybc.ca)



Please consider the environment before printing this e-mail