



NCCP L2T Experience Form Cross Country Skiing

CC #: _____ LAST NAME: _____

FIRST NAME: _____ STREET: _____

CITY: _____ PROV.: _____

PC: _____ PH: _____ BIRTHDAY (d/m/y): _____

MALE or FEMALE ENGLISH or FRENCH EMAIL: _____

1. Complete one season of coaching experience (a minimum of 40 hours including preparation time; dryland and on-snow mixed) working with athletes at the L2T stage of development.

Beginning date: _____ Ending date: _____

Receive a satisfactory evaluation from your Club Head Coach who has gathered comments from skiers and parents involved with the program.

- ~~2.~~ Lead a safe, appropriately structured and organized on-snow practice session for athletes in the L2T stage of development, and receive a satisfactory evaluation from your Club Head Coach

Date, location and signature of Head Coach: _____

3. Lead a safe, appropriately structured and organized roller ski practice session for athletes in the L2T stage of development, and receive a satisfactory evaluation from your Club Head Coach.

Date, location and signature of Head Coach: _____

4. Organize and assist the head coach at an overnight, interclub or regional skill development camp (dryland or on-snow) for athletes in the FUNdamentals/L2T stages of development.

Date, name and location of camp: _____

5. Organize and help coach your club team at a Regional Cup or similar age-appropriate competition for athletes in the FUNdamentals/L2T stages of development. Provide appropriate waxing support for your athletes and receive a satisfactory evaluation from your Club Head Coach.

Date, location of camp and signature of Club Head Coach: _____

Please sign the following statement and have it verified by your Club Head Coach:

I, _____ have completed the NCCP L2T experience requirements for cross-country skiing.

DATE

Signature of Applicant

I verify that _____ has completed the NCCP L2T experience requirements for cross-country skiing.

DATE

Signature of Club Head Coach

Please forward to the Cross Country BC Office at programs@crosscountrybc.ca

