



## NCCP T2T Experience Form Cross Country Skiing

NCCP CC #: \_\_\_\_\_ Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_ Street: \_\_\_\_\_

City: \_\_\_\_\_ Prov.: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Tel: \_\_\_\_\_ Email: \_\_\_\_\_

Date of Birth (d/m/y): \_\_\_\_\_ Male or Female English or French

1. Complete one season of coaching experience (a minimum of 60 hours including preparation time; dryland and on-snow mixed) working with athletes at the T2T stage of development.

Beginning date: \_\_\_\_\_ Ending date: \_\_\_\_\_

Receive a satisfactory evaluation from your Club Head Coach who has gathered comments from skiers and parents involved with the program.

Signature of Club Head Coach: \_\_\_\_\_

2. Lead a safe, appropriately structured and organized roller ski practice session for athletes in the T2T stage of development and receive a satisfactory evaluation from your Club Head Coach.

Signature of Club Head Coach: \_\_\_\_\_

3. Demonstrate and explain ski striding technique, using a variety of intensities, to athletes in the T2T stage of development, and receive a satisfactory evaluation from your Club Head Coach.

Signature of Club Head Coach: \_\_\_\_\_

4. Assist a provincial/territorial team at a training camp that includes athletes in the T2T stage of development and receive a satisfactory evaluation from the camp Head Coach (P/TCE Assignment).

Date and location of camp: \_\_\_\_\_

Signature of Camp Head Coach: \_\_\_\_\_

5. Lead your club team (with athletes in the T2T stage of development) at a nationally sanctioned (CPL) competition such as a Provincial/Territorial Cup race, and receive a satisfactory evaluation from your Club Head Coach.

Date and location of competition: \_\_\_\_\_

Signature of Club Head Coach: \_\_\_\_\_

6. Provide appropriate waxing support for your club team (with T2T athletes) at a club or higher level race. Receive a satisfactory evaluation from your Club Head Coach.

Date and location of competition: \_\_\_\_\_

Signature of Club Head Coach: \_\_\_\_\_

Please sign the following statement and have it verified by your Club Head Coach.

I, \_\_\_\_\_ have completed the NCCP CCI-T2T experience requirements for cross-country skiing.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Applicant

I verify that \_\_\_\_\_ has completed the NCCP CCI-T2T experience requirements for cross-country skiing.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Club or Division Head Coach

\_\_\_\_\_  
Print name of Club or Division Head Coach

Please forward to the Cross Country BC Office at [programs@crosscountrybc.ca](mailto:programs@crosscountrybc.ca)