National Coaching Certification Program

CDAG Flowchart

NCCP CDAG (T2C) Certified

EVALUATIONS:

- ✓ **Advanced Coaching Diploma (delivered by CSI)**
- ✓ Comp-Dev. Making Ethical Decisions online evaluation
- ✓ Leading Drug Free Sport online evaluation
- ✓ Managing Conflict online evaluation
- ✓ Organizing and leading an international racing trip
- ✓ Ski preparation (waxing and testing) on international trip

CDAG coach assignments supervised by mentor:

- ✓ Periodic athlete status reports over 1 year (training plans, psychology, technique, testing and monitoring, post career plan)
- ✓ International racing trips with National Ski Team

Trained CDAG (T2C) Coach ---

Training to Compete
Males Age: 20-23+
Females Age: 19-23+

CCC high performance coaching seminar

OR

Individualized mentorship program

Topics:

- ✓ HP athlete physiology: latest trends in training protocols
- ✓ HP sport psychology: preparing for major events
- ✓ HP technique and biomechanics: latest developments on the World Cup
- ✓ HP ski preparation: latest developments on the World Cup
- ✓ Using HP testing and monitoring data
- ✓ Holistic development of HP athletes (preparing for post athlete career)

CDAG (T2C) Coach in training ---

Training to Compete
Males Age: 20-23+
Females Age: 19-23+

Advanced Coaching Diploma Program: multi-sport training program delivered by Canadian Sport Institutes

Total of 18 modules covering the following 4 major themes:

- ✓ Coaching Leadership
- ✓ Training and Competition Readiness
- ✓ Coaching Effectiveness
- ✓ Performance Planning

Prerequisite
NCCP CCD (L2C) Trained status (CCC + multi-sport modules)