



SNODGRASS & DUFF

Performance Consulting and Counselling

Lifestyle. Wellness. Performance.

#1006 1618 w 6 Ave
Vancouver, B.C.
V6J-0H3
778.819.2488
snodgrassandduff@gmail.com

FROM: Shelbi Snodgrass, MC, MPC, CCC, RCC #19775; Mental Performance Consultant and Registered Clinical Counsellor of Snodgrass and Duff Performance Consulting and Counselling Inc.

DATE: November 20, 2022

TO: Cross Country BC

SERVICES:

Date	Description
November 17	Travel day: \$300.00 + tax
	GST # 752083600RT0001 \$ 15.00

Date	Description
November 18	MPC Day Rate + Workshop x 2: \$750 + tax
	GST # 752083600RT0001 \$ 37.50

Date	Description
November 19	MPC Day Rate + workshop x 2: \$500 + tax
	GST # 752083600RT0001 \$ 25



SNODGRASS & DUFF

Performance Consulting and Counselling

Date	Description
November 20	Travel Day: \$300 + tax
	GST # 752083600RT0001 \$ 15.00

Total: \$ 1,942.50

Please pay by e-transfer to snodgrassandduff@gmail.com with the password SSnodgrass
or
request information for credit card payments (additional 3% fee applies).