

Panorama Regional Snow Camp Agenda – November 25-26, 2017.

November 24-Friday evening

- 18:00 Camp information Session
- 18:20 Icebreaker game
- 19:00 Special session with Graham McLean
- 19:45 Snack time
- 20:00 Video Fun
- 20:30 Get set and safety Info for Saturday Session
- 21:30 Lights out

November 25- Saturday

- 7:30 Breakfast; clean up: Get ready
- 9:00 Meet at bottom of Mile 1 quad lift ready for the day
- 9:15 Upload
- 9:30 Skate Ski session (zone 1); drink and snacks
- 12:00 Lunch on the Hill- Pack own lunch in backpack
- 13:00 DownHill Technique session
- 14:00 Snack Time
- 14:15 Ski Games
- 15:15 Download on lift
- 16:00 Free Time
- 18:00 Group Dinner
- 19:00 ‘Big ideas to take home’ Graham Mclean
- 19:30 Terrific Team Builders
- 20:00 Get Ready for Sunday

22:00 Lights out

November 26-Sunday

7:30 Chores; breakfast; clean up from breakfast; Check out

9:00 Meet at bottom of Mile One Quad and Initial Ski prep

9:30 Upload Chair Lift

9:45 Tweak wax

10:00 Classic Ski technique session (zone 1);

11:00 Snack and drink

11:15 Double pole technique session

12:00 Lunch on the Hill- Pack own lunch in backpack

13:00 On snow games with obstacle relay

14:00 Down load chair

14:30 Evaluation and departure

Participant Coach's "To Bring List"

Props for games (soccer ball, frisbee, hula hoops).

Ski equipment – skis, boots, poles.

Wax box and tools.

Cell phones.

Emergency Action Plan.

Medical waivers/information sheet.

Wax bench/ski form.

Board games, cards, appropriate videos (for evening social time).

Camp Evaluation Forms.

CCC Accident Report Forms.