

**From:** gmanhard  
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**To:** CCBC Office  
**Subject:** Making Head Way - get concussion smart

### **Making Head Way - get concussion smart**

Making Head Way is the Coaching Association of Canada (CAC)'s free, online answer to the prevalence and ambiguity of concussion in sport. Parents, coaches, and athletes all benefit from knowing as much as possible about concussion and this online learning tool is designed to help coaches gain the knowledge and skills required to ensure the safety of their athletes.

The Making Head Way NCCP module covers:

- what to do to prevent concussions,
- how to recognize the signs and symptoms of a concussion,
- what to do when you suspect an athlete has a concussion, and
- Return to Play and Return to Learn protocols.

The CAC strives to ensure that the Making Head Way resource is an industry-leader in providing Canadians with the latest information from the international community on concussion in sport. The latest version of Making Head Way has been updated to reflect the international consensus on concussion in sport at the 5<sup>th</sup> international conference on concussion in sport held in Berlin, October 2016. For more information, visit [www.coach.ca/concussion](http://www.coach.ca/concussion).

CCBC recommends that all coaches take this training. To enrol in the 'Making Head Way in Sport' module, please sign in to your NCCP account in The Locker, and go to the eLearning section under "multi-sport". This module takes approximately 1 – 1.5 hours to complete, and is free. It will also earn you 5 Professional Development points towards your Maintenance of Certification.

If you have questions, please contact CCBC Program Coordinator at: [programs@crosscountrybc.ca](mailto:programs@crosscountrybc.ca)