## Targeted clubs in 2015 – for mentoring coaches/parents:

Fernie (Jeff W, Clark W, parents) – Chris M, done, Maria in Dec?

Kimberley (Frank A) – Chris M, done

Golden (Ghislain de L) – Graham M at Haig and in Dec

Strathcona (Andrea S) - Chris M in Sept

Smithers (club coaches/parents) – Chris M, done; Maria L in Nov

Prince George (Graeme M) – ongoing plus Chris M in Oct

## 2015-16 CCBC Provincial/Regional Camp & Trip Master Schedule

May 1-4 Teck Regional Spring Camp (Coast Region-VI)

Strathcona, BC

Coach: Andrea Stapff

May 14-18 May Snow Camp (CVTC/BCST/BCDS)

Physio assessments (CVTC/BCST only); strength & conditioning

Vernon, BC

Coaches: Chris M, Maria L, Adam E, Graham M. PCE: Sheila Corbett, Jake

Weaver

May 20-23 BC Para-Nordic Spring Snow Camp

Vernon, BC

Coaches: Tony C, Jamie S

June 4-7 CVTC Summer Camp (BCTS)

Nutritionist/hands on cooking session; strength & conditioning

Whistler, BC

Coaches: Chris M, Maria L, Dudley Coulter. PCE: David Morris, Ross McKinnon,

Andrea Stapff

June 26-29 Club Visitation – Bulkley Valley

Smithers, BC

Coach: Chris M

July 5-13 Haig Glacier Camp #1 (CVTC/BCST/BCDS) -

Canmore, AB

Coaches: Chris M, Adam E. PCE: Sheila Corbett, Frank Ackermann

July 10-12 Teck Regional Summer Camp (Coast Region)

Whistler, BC

Coaches: Graham M, Jake Weaver

July 22-27 Haig Glacier Camp #2 (BCDS)

Canmore, AB

Coaches: Graham M. PCE: Ghislain de Laplante

July 24-Aug 9 Sweden Camp

Sweden

Coaches: Maria L, Chris M

Aug 18-20? Club Visitation – Kimberley Nordics, Fernie Nordics

Kimberley and Fernie, BC

Coach: Chris M

Aug 30-Sept 6 CVTC Summer Camp (CVTC/BCST/BCDS)

Physical testing, nutritionist/hands on cooking session; strength & conditioning

Whistler, BC

Coaches: Chris M, Maria L. PCE: Paul Shipley, Darren Derochie, Sheila

Corbett, Graeme Moore

Sept 3-6 August Dryland Camp (BCTS)

100 Mile House, BC

Coaches: Graham M. PCE: Ross McKinnon, Randi Ostby, David Morris, Glen

Stiven, Andrea Stapff

Sept 11-13 Teck Regional Fall Dryland Camp (Coast Region-VI)

Courtenay, BC

Coach: Andrea Stapff

Sept 11-13 NCCP T2T (Dryland) Workshop

Whistler

LF – Chris

Sept 11-13 Teck Regional Dryland Camp (Okanagan Region)

TBD, BC

Coach: Adam E

Sept 18-20 NCCP CC LF Workshop

Kamloops

Assistant MLF -Maria

Sept 16-20 Fall Dryland Camp (CVTC/BCST/BCDS)

Revelstoke, BC

Coaches: Chris M, Jake W, Graham M. PCE: Matt Smider, Abbi May

Sept 25-27 Club Visitation – Strathcona Nordics

Courtenay, BC

Coach: Chris M

Sept 25-27 Teck Regional Dryland Camp (Kootenay Region)

Kimberley, BC

Coaches: Graham M, Frank Ackermann

Oct 2-4 Teck Regional Fall Dryland Camp (Coast Region)

Whistler, BC

Coaches: Jake W, Maria L

Oct 2-4 BC Para-Nordic Dryland Camp (BC PN)

Richmond, BC

Coaches: Tony C, Jessica Heyes

Oct 2-4 Teck Regional Fall Dryland Camp (Northern Region)

Prince George, BC Coach: Chris M

Oct 15-18 NCCP L2C (Dryland) Workshop

Vancouver, BC

LF: Chris M

Nov 11-15 Fall Snow Camp (CVTC/BCST/BCDS/BCTS)

Physio assessments (CVTC/BCST only); Sport Psychologist presentation; Sport

Psychologist individual sessions ((CVTC/BCST only)

Whistler, BC

Coaches: Chris M, Jake W, Maria L, Adam E, Graham, Brian M. PCE: David Morris, Andrea Stapff, Trevor Embleton, Sarah Purslow, Suzy Beckner, Matt

Smider, Dudley Coulter

Nov 20-22 CCC Para-Nordic Development Camp (BC PN)

Canmore, AB

Assistant Coach: Tony Chin

Nov 20-22 NCCP T2T (On-Snow) Workshop

Whistler LF – Chris

Nov 27-29 Teck Regional Snow Camp (Okanagan Region)

Vernon, BC Coach: Adam E

Nov 27-29 Teck Regional Snow Camp (Northern Region)

Smithers, BC

Coach: Chris Werrell, Maria L

Dec 18-20 **CCBC Ski Preparation Workshop** Northern BC (Prince George) CC – Graham Maclean Dec 4-6 Teck Regional Snow Camp (Kootenay Region) Golden, BC Coaches: Graham M, Ghislain de Laplante Dec 4-6 Teck Regional Snow Camp (Coast Region) Whistler, BC Coaches: Jake W, Maria L Dec 26-29 Teck Regional Snow Camp (Coast Region-VI) Mt Washington, BC Coach: Andrea Stapff Jan 12-18 World Jr/U23 Championship Trials Thunder Bay, ON Coaches: Chris M, Graham M (cost share with Fisher) Feb 4-7 CCC Para-Nordic Snow Camp (BC PN) Whistler, BC Coaches: TBD Feb 25-28 BC Para-Nordic Snow Camp (BC PN) Penticton, BC Coaches: Tony C Mar 3-6 CCC Para-Nordic Snow Camp (BC PN) Edmonton, AB Coaches: TBD Mar 17-26 **National Championships** Whitehorse, YUK

CVTC - Callaghan Valley Training Centre (Learning to Compete/Training to Compete)

Coaches: Chris M, Maria L, Graham M (cost share with Fisher), (Ghislain L),

BCST – BC Ski Team (Learning to Compete)

BCDS – BC Development Squad (Training to Train)

PN – Jessica Heyes

BCTS – BC Talent Squad (Training to Train)

BC PN - BC Para-Nordic Team & Squad

Regional Camps (Learning to Train, Training to Train)