From: Nancy-CCBC <programs@crosscountrybc.ca>
Date: Friday, August 20, 2021 at 12:26 PM
To: Andrew Brisbin <andrew.brisbin@bvnordic.ca>, Tony and Wendy Fiala
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<wendy.fiala@scotiabank.com>, Graeme Moore <gsmpaddleski@gmail.com>
Cc: Georgia Manhard <gmanhard@telus.net>, "coaching@crosscountrybc.ca"
<coaching@crosscountrybc.ca>
Subject: NCCP LF/E L2T workshop/Williams Lake BC/August 27-29, 2021 - Agenda & Info

Hello Coach Developers,

This email is to confirm your attendance to the L2T LF workshop in Williams Lake, August 27-29, 2021. Attached is some information to help you with your planning. Please read through to the end of this email as there is important info to help you prepare for the workshop.

We weren't able to assemble everyone on the same night for a Zoom session, so we are assembling pre-work. More info on that will be sent to you shortly from Georgia. We are pre-sending reading materials to help you prepare so we can cut the workshop a bit shorter. This email has some of that documentation. In 2 more separate emails (due to attachment size) I am sending you the electronic versions of the L2T(D) Reference Materials & Workbook and the L2T(OS) Reference Materials and Workbook. You may wish to download all of these materials to a USB Stick.

# Dates/hours: August 27-29, 2021

Friday, August 27: 6:30pm – 9:30pm Ramada Convention Centre (Sections B&C) Saturday, August 28: 8:00am - 6:30pm (group dinner at 7:00 pm) Sunday, August 29: 8:00am – 12:30pm

# Location: Ramada Inn, Williams Lake, BC

1118 Lakeview Crescent, Williams Lake, BC V2G 1A3 Parking is available

If you are travelling south from Prince George, turn left towards 100 Mile House at the big, busy intersection at the bottom of the hill (in Williams Lake). The Ramada is on the left-side of the road and may be difficult to see until you have turned the corner. It is across the highway from the Tim Hortons.

Your room has already been booked. While our policy is usually room-sharing, due to the pandemic CCBC is being overly cautious and giving everyone their own room. Check-in will be any time after 3:00pm on Friday, August 27<sup>th</sup>. Check-out will be before 11:00am on Sunday, August 29 (you will want to check out prior to attending the workshop as there will not be a break to enable you to do this).

# On-site contacts (during workshop): Georgia Manhard (250-395-0737)

<u>gmanhard@telus.net</u>, Maria Lundgren (604) 906-1081 <u>coaching@crosscountrybc.ca</u>, and Nancy Beaumont (250-307-6618) <u>programs@crosscountrybc.ca</u>.

#### Participants equipment/material list:

Each participant will need to bring the following:

- Your laptop with the electronic versions of the workshop materials (see attachments)
- All your "Learning Facilitator" questions
- Roller skis + boots + poles + helmet (Skate)
- Running shoes
- Short poles (for ski striding)
- Refillable Water Bottle

Also, please bring the following, if you have a copy:

• CCC LTAD Guide (I have attached a digital version to this email if you don't have one)

### Expenses:

Please use the attached form to submit expenses to Nancy Beaumont. Please note the following:

- <u>**Transportation**</u>: CCBC will cover the cost of gas for a regular vehicle for travel to and from the workshop. *Receipts required.* Expense Form is attached.
- <u>Accommodations</u>: CCBC will pay for accommodation. Participants are free to stay with friends or family in the area (please notify the CCBC office so we can cancel your room reservation).
- Meals:
  - The hotel offers a free continental breakfast each morning for guests
  - Due to staff shortages at the hotel, they cannot offer in-room refreshments/catering for our meeting room space at this time. I will try to bring some fruit and other items; however, please bring along some snack items as you see fit. Please let me know asap if you have any food allergies. There is a Tim Horton's across the street from the hotel as well.
  - We hope you will join us for the group dinner on the Saturday evening each attendee pays for their own.
  - All other meal arrangements and costs are the responsibility of the participant.

**<u>Miscellaneous</u>**: This is a long workshop, so please wear something comfortable.

If you have any questions or concerns, please feel free to contact me.

Kindest regards,

NANCY BEAUMONT / PROGRAM COORDINATOR Coaching Development | Officials Development

#### **CROSS COUNTRY BC**

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Coaching questions? <sup>(1)</sup> Click <u>HERE</u> to check out the new FAQ document on our website!

Please consider the environment before printing this e-mail