

## **Teck Regional Snow Camp (Northern Region)**

## Snow Dances Worked!

## For immediate release December 14, 2023

**Smithers, BC** - The Teck Regional Snow Camp hosted by the Bulkley Valley Nordic Club was a great success. The sold-out camp saw over 74 athletes and 19 coaches from clubs across the north including Nechako Nordics (Vanderhoof), Caledonia Nordic Ski Club (Prince George), Morice Mountain Nordic Ski Club (Houston) and of course Bulkley Valley Cross Country Ski Club (Smithers).



Thankfully, the snow dances worked during the week opening up the Nordic center with enough tracked trails to welcome athletes and coaches on Friday for a Lantern Ski and hot chocolate.



Participants woke up to a sky full of fluffy snow which continued for most of the day. Conditions were tough but that did not deter the athletes from meeting the challenge full on while learning new and honing old techniques.



A time trial was held in the ever-deepening snow, which again made for challenging conditions, but this did not slow anyone down! A wax clinic, more technique and a very entertaining talent show rounded out the day.



Sunday shone brightly with newly tracked classic trails which didn't disappoint. A super fun inter-age relay ended the camp and saw the tired but happy skiers on their way.





Many thanks to all the coaches, volunteers, parents and of course the amazing athletes of the North for coming out to Smithers to make our Snow Camp a huge success! Thank you, Teck Resources Limited, for our awesome toques and for supporting these camps

provincially.



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Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 18,000 members. CCBC offers programs and services to support the continuous development of cross-country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future.

For more information on Cross Country BC, please visit www.crosscountrybc.ca





