

BC Cup



Teck

Race Notice

2026 Teck BC Cup 2

Date February 7-8, 2026
Location Larch Hills Ski Area, Salmon Arm, BC
Host Club Larch Hills Nordic Society



Larch Hills is pleased to be hosting the second set of Teck BC Cup series in 2026.

Race Format

Date	Time	Race Format	Technique
Saturday, February 7	9:00 AM	Sprint Qualifier (U10 through Senior), Prologue (U8, Masters)	Free
	11:30 AM*	Sprint Heats (King's Court for U10 and U12, knockout for U14 through Senior)	Free
Sunday, February 8	10:00 AM	Mass Start	Classic

* Subject to change based on number of racers

Race Committee

Chief of Competition	Alan Corbett	askacorbett@hotmail.com
Race Secretary	Jonathan Bakker	website@skilarchhills.ca
Chief of Timing	Keith Hepburn	
Chief of Course	Dave Wallenstein	
Course Controller	Brian May	
Chief of Stadium	Darius Bucher	
Sprint Coordinator	Rob Hart/Brian May	
Volunteer Coordinator	Alicia Timmerman	
Awards Coordinator	Tim Bollans	

Registration

Registration is available on Zone4 at <https://zone4.ca/event/2026/teck-bc-cup-2> and will open on January 12 and close on February 4 at 11:59 PM.

Technical Delegate

Technical Delegate Jeannie MacDonald
Jury Member Maria Lundgren

Rules and Licenses

The individual competitions are provincially and nationally sanctioned Tier 2 races. Participants in the age categories from U14 through Masters categories must have a current FIS Licence, Nordiq Canada Race Licence, an Associate Race Licence or a Tier 2 Event Licence (formerly a SMDL).

Seeding will be performed as per the 2026 Teck BC Cup Series Technical guidelines which can be found at <https://www.crosscountrybc.ca/sites/default/files/documents/2026%20Teck%20BC%20Cup%20Series%20TG%20v1.pdf>

Competitions will be held in accordance with ICR-CCR (Canadian Competition Rules) Precisions 2023 – <https://nordiqcanada.ca/wp-content/uploads/Nov-2023-ICR-CCR-NOV-with-precisions.pdf>

Categories and Fees

Costs and distances for the individual races are as follows. Course for the latest. distances subject to change – see event website at <https://skilarchhills.ca/2026-teck-bc-cup-2/> for the latest.

Category	Cost Per Individual Race	Saturday - Free	Sunday - Classic
U8	\$10	500 m - Prologue	1.0 km - Mass Start
U10	\$20	250 m - Sprint	1.5 km - Mass Start
U12	\$20	250 m - Sprint	3.0 km - Mass Start
U14	\$20	450 m - Sprint	1.5 km + 3.5 km - Mass Start
U16	\$20	800 m - Sprint	3 x 3.5 km - Mass Start
U18	\$20	800 m - Sprint	3 x 3.5 km - Mass Start
U20	\$20	800 m - Sprint	3 x 3.5 km - Mass Start
U23	\$20	800 m - Sprint	3 x 3.5 km - Mass Start
Senior	\$30	800 m - Sprint	3 x 3.5 km - Mass Start
Masters	\$30	5 km - Prologue	3 x 3.5 km - Mass Start
Para	\$20	Contact Race Secretary	Contact Race Secretary

Refund Policy

Refunds will be provided to participants who wish to withdraw provided notice of withdrawal is emailed to the Race Secretary before the registration deadline. The Host Club may choose to cancel an event if travel or course conditions are deemed unsafe (road conditions, road closures, weather, lack of snow, health advisory). The Host Club is not liable for any costs incurred as a result of cancellation of this event. The Host Club will refund 75% of race fees if an event is cancelled.

Zone4 online booking fees are non-refundable.

Course Inspection

The courses for all of the events will be set-out and marked on Friday, February 6 for pre-skiing. Courses will close on race day 15 minutes before the first racer gets underway.

Course Maps

Course maps and stadium layouts will be available on our website at <https://skilarchhills.ca/2026-teck-bc-cup-2/> and will also be posted at the race site.

Safe Sport Policy

All participants, coaches, officials and volunteers at this event are expected to uphold Cross Country BC's Safe Sport principles and standards of conduct, which prioritize the physical, psychological and social well-being of every individual. Prohibited behaviours, including harassment, abuse, neglect, discrimination, and any form of maltreatment, will not be tolerated and may result in disciplinary action under Cross Country BC's Safe Sport Policy.

Anyone who experiences or witnesses unsafe behaviour is encouraged to speak with an event organizer and to use the reporting options outlined in Cross Country BC's Safe Sport resources, available at: <https://www.crosscountrybc.ca/safe-sport>.

Waxing Protocol

Cross Country BC has adopted a waxing protocol of only specific waxes being allowed. Please familiarize yourself with the protocol at <https://www.crosscountrybc.ca/ccbc-wax-protocol-0>

Adherence to this protocol is the responsibility of coaches, parents, and wax technicians.

Weather and Webcams

The Larch Hills weather station and webcams can be viewed at <https://skilarchhills.ca/webcam-weather/> while Environment Canada's weather forecast for Salmon Arm is available at <https://weather.gc.ca/en/location/index.html?coords=50.700,-119.267>

Start Lists and Results

Start lists and results will be available on Zone4 at <https://zone4.ca/event/2026/teck-bc-cup-2> Start lists will be posted no later than 12:00 noon the day before the race and will also be available at the race site.

Bib/Chip Pickup

Bib/Chip Pick up will happen on the morning of each event in the race office. Please designate one person from each club to pick up all bibs (with chips attached) for you club. The return of all chips and bibs are the responsibility of each club. A \$100 fee will be charged for any chips that are not returned.

Concession

A concession in support of the Larch Hills Junior Race Team will be available on both days.

Sprint/Prologue Race

All skiers in the sprint race categories (U10-Senior) will be able to participate in a minimum of a sprint qualifier and one heat. Younger categories will have their heats in the Kings Court style, while older categories will use the traditional knockout style heats.

For those in the prologue categories, the U8s will head out before any of those doing the sprint qualifier. The Masters categories will head out after everyone else has done the sprint qualifier, but before the start of any heats.

For safety reasons, it is recommended that all skiers wear protective eyewear when competing in sprint competitions.

Mass Start Race

For U14 through Senior, categories for the same gender that are doing the same distance will be grouped together on the start order, but will have separate results.

Awards

All participants in the U8 age category who complete their event will receive a special Teck participant ribbon.

For the U10 through U16 categories, Teck medals for top 3 finishers in each year of birth will be provided along with ribbons for 4th and 5th.

For the U18 category, club medals for the top 3 finishers in each year of birth will be provided.

For the U20 and older categories, club medals for the top 3 finishers in each category will be provided.

All racers, including out of province racers are eligible for all awards.

Accommodation

There is no official race hotel. A non-exhaustive list of local hotels, in no particular order, includes:

1. Comfort Inn & Suites

- **Address:** 1090 22nd Street NE, Salmon Arm, BC V1E 2V5, Canada
- **Phone:** +1 250-832-7711

2. Fairfield by Marriott Inn & Suites Salmon Arm

- **Address:** 790 16th Street NE, Salmon Arm, BC V1E 2S5, Canada
- **Phone:** +1 778-489-0555

3. Travelodge by Wyndham Salmon Arm

- **Address:** 2401 9 Ave SW, Salmon Arm, BC V1E 2Y9, Canada
- **Phone:** +1 250-832-9721

4. Hilltop Inn Salmon Arm

- **Address:** 1460 Trans-Canada Hwy NE, Salmon Arm, BC V1E 4N1, Canada
- **Phone:** +1 250-832-6025

5. SureStay Plus by Best Western Salmon Arm

- **Address:** 61 10 Street SW, Salmon Arm, BC V1E 1E2, Canada
- **Phone:** +1 250-832-9793

6. Super 8 by Wyndham Salmon Arm

- **Address:** 2901 10th Ave NE, Salmon Arm, BC V1E 1V8, Canada
- **Phone:** +1 866-469-0121

7. Prestige Harbourfront Resort

- **Address:** 251 Harbourfront Drive NE, Salmon Arm, BC V1E 2W7, Canada
- **Phone:** +1 250-833-5800