

**Regional Camp
Northern**



Teck

CALEDONIA
N O R D I C • S K I • C L U B

CAMP NOTICE

Teck Northern Regional Dryland Camp

Friday, Sep 4 – Monday, Sep 7, 2026

CAMP OPENS:	Friday, Sep 4 at 5pm. Activities begin at 5:30pm
CAMP CLOSSES:	Monday, Sep 7 at 11:30am
CAMP LOCATION:	Otway Nordic Centre, 8141 Otway Rd Prince George, BC
HOST CLUB:	Caledonia Nordic Ski Club – www.caledonianordic.com
FEE:	\$140 Includes fees for paved roller ski track and meals. Free for coaches and parent helpers. Please register to help with meal planning.
COACHES:	CCBC Coach Zach Hill Club Coaches Tuppy Hoehn, Ali Cadell, Andrea Stapff
REGISTRATION:	Registration opens Sunday, Aug 9, at 8:00am on Zone4 Fees payable by credit card only. Registration closes Tuesday, Sep 1 at 11:59pm.
CONTACT:	Robin Ditto rditto1@hotmail.com All communications will come from this address. You may need to check your junk folder.
ELIGIBILITY:	Athletes born in 2018 and older are welcome to attend. Teck-branded t-shirts will be available for participants 16 and under.
CAMP ACTIVITIES:	Roller Skiing, Running, Games
FOOD:	Includes Friday snack, Saturday and Sunday all meals, and Monday breakfast. Please eat dinner before arriving at camp on Friday. We will

provide snacks but not a full meal, as we want to fit in as much activity as possible.

We're lucky to have a wonderful parent team making meals for camp. We'll do our best, but some complex dietary needs may be tricky to accommodate. If you'd like to chat about your needs, please connect with Cara. cara.granberg@gmail.com

ACCOMMODATIONS: Tents and trailers are permitted in the upper parking lot for \$20/night per unit (NOT per person), payable during registration. Camping includes access to potable water, washrooms, rustic showers, and garbage disposal bins. To ensure a safe and enjoyable experience for everyone, smoking, alcohol, and campfires are not permitted. Please keep your campsite clean and dispose of all garbage before you leave. Please be bear aware and respect our resident bears.

PAKING LIST:

Equipment:

- Skate roller skis, boots and poles
- Classic roller skis, boots and poles
- Helmet (REQUIRED!)
- Water bottle holder/waist pack/running vest
- Roller ski gloves
- Spare roller ski pole tips
- Running shoes
- Headlamp with extra batteries
- Swimsuit and towel, just in case
- Discs for golf (if you have them)
- Rain gear
- N95 mask in case of smoke

Please label your equipment with your name and club name!

Sleeping gear:

- Tent
- Floor mat
- Sleeping bag
- Pillow
- Sleep mask and ear plugs if you need them
- pjs

General gear:

- B.C. Care Card
- Personal hygiene items (toothbrush, toothpaste etc.)
- Utensils, coffee cup, cup, soup bowl, plate.
- Sunglasses, sunscreen, and a hat
- Training and casual clothing for all weather: hot, cold and wet days!
- **1 dozen baked goods per family**

Note! There are no showers on premises. We encourage you to bring clothes and towels to get the muck off! The Canfor Leisure Pool is open during camp.