

April 15, 2014

Greetings xxxxxxxxxx,

Congratulations on a successful ski season. As a result of your achievements the CCBC Athlete Development Committee has nominated you to the BC Ski Team (BCST) for the 2014-2015 ski season.

The benefits and obligations for the BC Ski Team program are outlined in Appendix A. The 2014 Cross Country BC provincial camp schedule is provided in Appendix B.

When you have made your decision, please complete the BCST Application Form (to confirm your intention to be a member of the BC Ski Team), BCST Registration Form and CCBC Athlete Code of Conduct Form. Mail these forms, along with your cheque for \$300 to the Cross Country BC office c/o Dudley Coulter no later than May 7th, 2014.

Sincerely,

Dudley Coulter,

CCBC Athlete Development Coordinator
250-545-9600
adcoor@crosscountrybc.ca

c.c. CCBC Athlete Development Committee
Georgia Manhard, CCBC Board of Directors

Attachments:

- A - BCST Benefits and Obligations
- B - 2014 CCBC Provincial Camp Schedule
- C - CCBC Athlete Code of Conduct Form
- D - BCST Registration Form
- E - BCST Application Form

Appendix A

Benefits

Cross Country BC will provide athletes named to the BC Ski Team with the following:

- the opportunity to attend up to four BC Ski Team training camps on a cost sharing basis;
- current BC Ski Team clothing (racing suit and warm-ups) for athletes that don't already have a set;
- sport eligibility for External Sport Credit – Athlete 11 or Athlete 12;
- race entry fees for individual events at the 2015 National Championships;
- support from BC Ski Team coach Graham Maclean with respect to selecting and acquiring ski equipment; and
- support from BC Ski Team coach Graham Maclean with respect to ski grinding.

Obligations

The BC Ski Team athlete will:

- follow a comprehensive annual training plan (a minimum of 350 sport-specific hours);
- submit their training plans to the CCBC office if our provincial funding agency requests them;
- sign the CCBC Athlete Code of Conduct and to act in accordance with the Code of Conduct at all times - <http://crosscountrybc.ca/27-athlete-code-conduct>; and
- sign the BCST Application Form and complete their commitments to the BC Ski Team.

Team Fee

Team fees for the 2013-14 ski year will be \$300. Please make the cheque out to Cross Country BC.

Appendix E

BCST Application Form

2014-15 BC Ski Team Expectations/ Requirements

<u>Category</u>	<u>Expectations</u>
Junior Boys/Girls	Mandatory requirements for Junior Boy/Girl athletes <ul style="list-style-type: none">• Pay BC Ski Team registration fee of \$300• Attend any 3 of 4 of the following:<ul style="list-style-type: none">○ May Snow Camp – May 15-19, Whistler○ Haig Glacier Camp – July 6-14, Canmore○ Fall Dryland Camp – Sept 11-14 or 18-21, Revelstoke○ Fall Snow Camp – Nov 7-11, Whistler• Wear all appropriate BC Ski Team clothing when at provincial camps and NorAm races (including the Westerns)• Attend a minimum of one NorAm race in Alberta or BC - World Junior/U23 Trials (if in Whistler), Western Canadians (Canmore) or NorAms (Vernon/Rossland) during the 2014-15 ski season• Attend a minimum of two BC Cup weekends of races in 2015
Junior Men/Women U23 Men/Women	Mandatory Requirements for Junior M/W & U23 athletes <ul style="list-style-type: none">• Pay BC Ski Team registration fee of \$300• Attend any 2 of 4 of the following:<ul style="list-style-type: none">○ May Snow Camp – May 15-19, Whistler○ Haig Glacier Camp – July 6-14, Canmore○ Fall Dryland Camp – Sept 11-14 or 18-21, Revelstoke○ Fall Snow Camp – Nov 7-11, Whistler• Wear all appropriate BC Ski Team clothing when at provincial camps and NorAm races (including the Westerns)• Attend a minimum of one BC Cup weekend of races in 2015

	<ul style="list-style-type: none"> • Attend a minimum of 2 of the following 4 NorAm races - World Jr/U23 Trials (TBD), Western Canadians (Canmore), NorAms (Vernon/Rossland) during the 2014-15 ski season • Attend the 2015 National Championships
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I wish to join the BC Ski Team. My parents are in agreement with this decision. By signing below, I am committing to the obligations as stated.

Athlete Name:

Athlete Email:

Home Club:

Club Coach Name:

Club Coach email:

Parent Name:

Athlete's signature: _____

Parent's signature (if under 18)_____

Date: _____